



# COVID-19 Hotline Student FAQ

## ***What should I do if I have been in Close Contact\* or tested positive for COVID-19?***

- Stay home and do not attend class
- Submit an online self-reporting form located at [www.cameron.edu/coronavirus-hotline](http://www.cameron.edu/coronavirus-hotline)
- You may also contact the Coronavirus Hotline directly via email to [coronavirus\\_hotline@cameron.edu](mailto:coronavirus_hotline@cameron.edu), or by calling (580) 581-2676 (M-F from 9:00am to 4:00pm), or; AND
- Contact your instructor(s) to explore options for course instruction

*\*Close-contact is defined as being within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before onset of illness (or, for asymptomatic cases, 2 days prior to a positive test).*

## ***What might I be asked when I contact the Hotline?***

- Student name and ID number
- Preferred contact method
- Past history with the virus
- Medical symptoms and dates presented
- Testing information (past and/or current)
- Vaccination/Booster status
- Close contact information
- Residential status (at home or in Student Housing)
- Class attendance information
- Campus dining activity
- Campus event attendance
- Other relevant details

## ***What advice will the Hotline provide concerning a close contact or positive test case?***

- Each individual case is unique, therefore – cases are processed separately and advice will be provided according to the specifics of each case.
- Not to attend classes in-person or on-campus activities while under quarantine or isolation
  - Some offices and events have virtual service components
- To contact each instructor concerning your participation in their course
  - Student Services will provide a notice of medical absence to all respective instructors
- If you reside in Student Housing, you will be required to quarantine/isolate in place (as determined by your case), relocate to quarantine housing, or allowed to go home
  - Student Housing will arrange for meal delivery from the cafeteria; AND
  - Student Wellness Center will work with Student Housing to provide over the counter medicine to treat any symptoms; AND
  - Student Wellness Center will be available for virtual counseling

***What standards are the Hotline following with regard to close contact or positive test cases?***

- A student who has only a fever and no other symptoms of COVID-19 and has not had close contact with a positive COVID-19 individual, may return to campus/class after being fever-free for a minimum of 24 hours without using any fever-reducing medications
- Students testing positive with COVID-19 who have symptoms and were directed to isolate at home, or at Student Housing spaces, may discontinue isolation and resume campus activities under the following conditions:
  - At least 5 days have passed since symptom onset; AND
  - At least 24 hours have passed since the last fever without the use of fever reducing medication; AND
  - Other symptoms have significantly improved
- Asymptomatic students with COVID-19 may discontinue isolation and resume campus activities under the following conditions:
  - At least 5 days have passed since the date of their positive COVID-19 test; AND
  - No symptoms have developed since the student was tested. If symptoms develop, the student should follow the criteria for someone assumed to be positive with COVID-19 (see previous bullet).

When a student has met the above criteria, the student is very strongly encouraged to wear an appropriate face covering when indoors in a public setting (including classrooms and all common areas where people congregate) for an additional 5 days after the isolation requirement has been completed.

- A student that has been in close-contact to someone that tested positive for COVID-19 may return to campus activities under the following conditions:
  - Fully vaccinated students that have received a booster shot OR have completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR have completed the primary series of J&J vaccine within the last 2 months, do not need to quarantine as long as symptoms are not present (if you are fully vaccinated but do not meet this criteria please follow the guidance for unvaccinated students below). Testing is recommended 5 days after the last exposure to an infected individual. It is strongly encouraged that exposed students wear an appropriate face covering when in public in indoor settings and around others for 10 days after exposure or until they receive a negative test result. In the event that a fully vaccinated student tests positive for COVID-19, they should follow the protocol for positive COVID-19 students listed above.
  - Unvaccinated students that do not meet the criteria above are required to quarantine and may return after 5 days have passed since the last exposure. Testing is recommended 5 days after last exposure to an infected individual. It is very strongly recommended that the student wears an appropriate face-covering when in public in indoor settings and around others for an additional 5 days. If the student develop symptoms, they should remain at home and seek testing.

**You can find more information about Cameron University's response to COVID-19 at <https://www.cameron.edu/covid-19>. Additionally, a COVID-19 dashboard with case data and reporting trends can be found on the COVID-19 tab in Aggie Access.**

# Campus Health Expectations for Spring 2022

**Expectation 1: Practice good hygiene.**

Practice good hygiene. Wash your hands regularly and avoid touching your face.

**Expectation 2: Monitor your personal health daily.**

Monitor your personal health daily

**Expectation 3: If you are sick, stay home.**

If you are sick, stay home. If you contract the coronavirus or if you have had significant exposure to the virus and you are a student, please notify the student hotline by submitting the online reporting form at [www.cameron.edu/coronavirus-hotline](http://www.cameron.edu/coronavirus-hotline), or by calling 580-581-2676. You may also email the hotline at [coronavirus\\_hotline@cameron.edu](mailto:coronavirus_hotline@cameron.edu). If you are an employee, please contact the Office of Human Resources at 580-581-2245.

**Expectation 4: Respect personal space and practice social distancing.**

Respect personal space. The pandemic has affected each of us differently so please consider your proximity to others.

**Expectation 5: Cover your nose and mouth.**

Cover your nose and mouth when you sneeze or cough. Proper wearing of face coverings indoors is strongly encouraged.

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