



# COVID-19 Hotline Student FAQ

## ***What should I do if I have been in Close Contact\* or tested positive for COVID-19?***

- Visit the COVID-19 Case Notification form by clicking <https://www.cameron.edu/coronavirus-hotline>; OR
- Contact the Corona Virus Hotline directly by calling (580) 581-2676 or via email to [coronavirus\\_hotline@cameron.edu](mailto:coronavirus_hotline@cameron.edu); AND
- Email your instructors to explore options for course instruction

*\*Close-contact is defined as being within 6 feet of an infected person for more than 15 minutes. Please note that it is unlikely that many students attending in-person classes would be labeled as close-contacts based on this definition.*

## ***What might I be asked when I contact the Hotline?***

- Student name and ID number
- Preferred contact method
- Past history with the virus
- Medical symptoms and dates presented
- Testing information (past and/or current)
- Close contact information
- Residential status (at home or in Student Housing)
- Class attendance information
- Campus dining activity
- Campus event attendance
- Other relevant details

## ***What advice will the Hotline provide concerning a close contact or positive test case?***

- Not to attend classes in-person
- Not to visit campus spaces, offices, or participate at in-person events
  - Many offices and events have virtual service components
- To contact each instructor concerning your participation in their course
  - Student Services will also provide a notice of medical absence to all respective instructors
- If you reside in Student Housing, you will be relocated to isolation or quarantine housing
  - Student Housing will arrange dining with Sodexo and meals will be delivered to the student; AND
  - Student Wellness Center will work with Student Housing to provide over the counter medicine to treat your symptoms; AND
  - Student Wellness Center will be available for virtual counseling

***What standards are the Hotline following with regard to close contact or positive test cases?***

- A student who has only a fever and no other symptoms of COVID-19 and has not had close contact with a positive COVID-19 individual, may return to campus/class after being fever-free for 72 hours without using any fever-reducing medications.
- Students testing positive with COVID-19 who have symptoms and were directed to isolate at home, or at Student Housing isolation/quarantine spaces, may discontinue isolation and resume campus activities under the following conditions:
  - At least 10 days have passed since symptom onset; AND
  - At least 72 hours have passed since last fever without the use of fever reducing medication; AND
  - Other symptoms have improved; AND
  - A healthcare provider, or the appropriate health department\*, has issued a letter stating that the student has met the criteria to end isolation.
- Asymptomatic students with COVID-19 may discontinue isolation and resume campus activities under the following conditions:
  - At least 10 days have passed since the date of their positive COVID-19 test; AND
  - A healthcare provider, or the appropriate health department\*, has issued a letter stating that the student has met the criteria to end isolation.
- A student that was in close-contact to someone that tested positive for COVID-19 and was directed to isolation may return to campus/class under the following conditions:
  - 14 days have passed since the date of exposure; AND
  - There is no presence of symptoms.
- *The health department that provided the COVID-19 test (Comanche County Health Department for Lawton and the Stephens County Health Department for Duncan) tracks and issues communications associated with testing within their jurisdiction.*

**Note:** Students who are severely ill with COVID-19 might need to isolate longer than 10 days and up to 20 days after symptoms first appeared.

***This information was compiled based off information and guidance provided by the CDC and the Comanche County Health Department. Guidance is subject to change. You can find more information about COVID-19 at the links below:***

- **CDC** - <https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/index.html>
- **Comanche County Health Department** - [https://www.ok.gov/health/County\\_Health\\_Departments/Comanche\\_County\\_Health\\_Department/COVID-19/index.html](https://www.ok.gov/health/County_Health_Departments/Comanche_County_Health_Department/COVID-19/index.html)

**Transparency Statement:** You can find more information about Cameron University's response to COVID-19 at <https://www.cameron.edu/covid-19>. Additionally, Hotline data about COVID-19 cases will be sent weekly via Cameron University student email accounts.

# Campus Health Expectations

## **Expectation 1: Practice good hygiene.**

Hand sanitizing stations have been strategically placed throughout campus in high traffic buildings along with visual cues promoting proper hand washing. Students will also be provided a personal bottle of hand sanitizer.

- Students are expected to wash their hands for a minimum of 20 seconds after using the restroom
- Students are expected to wash/sanitize their hands upon entering into a building
- Students should not shake hands with anyone
- Students are expected to wash/sanitize their hands after potential contact with others

In addition to practicing good hygiene, custodial teams will provide increased cleaning and sanitizing of frequently used facilities and common areas with the use of EPA and CDC approved cleaning agents.

## **Expectation 2: Monitor your personal health daily.**

Keeping the campus community safe starts at home. Before coming to campus or going to class, all students must self-screen for the following symptoms. A student should not come to campus or attend class in-person if they display any one of the following:

- A 100.4 F temperature or higher any time within the previous 72 hours
- Cough not related to seasonal allergies
- Shortness of breath or difficulty breathing
- Nausea, vomiting, or diarrhea
- New loss of taste or smell

A complete list of symptoms and the CDC Self-Checker can be found at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>.

## **Expectation 3: If you are sick, stay home.**

If you are experiencing symptoms of the Coronavirus, first contact your healthcare provider or local health department. The current campus guidelines are below. Guidance is subject to change.

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- Students testing positive with COVID-19 who have symptoms and were directed to isolate at home, or at Student Housing isolation/quarantine spaces, may discontinue isolation and resume campus activities under the following conditions:
  - At least 10 days have passed since symptom onset; AND
  - At least 72 hours have passed since last fever without use of fever reducing medication; AND
  - Other symptoms have improved; AND
  - A healthcare provider, or the appropriate health department\*, has issued a letter stating that the student has met the criteria to end isolation.

- Asymptomatic students with COVID-19 may discontinue isolation and resume campus activities under the following conditions:
  - At least 10 days have passed since the date of their positive COVID-19 test; AND
  - A healthcare provider, or the appropriate health department\*, has issued a letter stating that the student has met the criteria to end isolation.
- A student that was in close-contact to someone that tested positive for COVID-19 and was directed to isolation may return to campus/class under the following conditions:
  - 14 days have passed since the date of exposure; AND
  - There is no presence of symptoms.

*\* The health department that provided the COVID-19 test (Comanche County Health Department for Lawton and the Stephens County Health Department for Duncan) tracks and issues communications associated with testing within their jurisdiction.*

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**Expectation 4: Respect personal space and practice social distancing.**

Signage and visual cues have been placed throughout campus to promote physical distancing (at least 6 feet between individuals).

- Students are expected to observe physical distancing at all times
- Classroom spaces have been modified to accommodate physical distancing. Office spaces might also be modified to ensure physical distancing
- Campus meetings or events that cannot accommodate physical distancing should be held through virtual means
- Plexiglass shields have been installed in areas that require face-to-face interaction
- Buildings have designated entrance and exit doors labeled to control the flow of traffic

**Expectation 5: Cover your nose and mouth.**

All campus stakeholders are expected to wear a face covering when physical distancing is not possible or guaranteed. While it is possible for COVID-19 to be spread by touching a surface or object that has the virus on it and then touching your mouth, nose, or eyes, according to the CDC, it has been determined that this is not the main way the virus spreads. **The virus is thought to spread mainly from person-to-person through respiratory droplets produced when an infected person coughs, sneezes, or talks.**

- Students will be provided a CU branded cloth mask and a small bottle of hand sanitizer
- Face Shields might be provided to students on a case by case basis. Please contact the Office of Student Development for information: (580) 581-2209 or [student\\_development@cameron.edu](mailto:student_development@cameron.edu)
- Disposable masks will be available in high traffic areas and classrooms

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