Degree Requirements: Mental Health (600)–Master of Arts
College of Graduate and Professional Studies
Department of Psychology
Catalog Year: 2025-2026

PROGRAM DESCRIPTION

The goal of the MAMH program is to develop the knowledge base and competencies for professional practice in mental health services. Specific target populations are persons preparing for counseling or marriage and family therapy licensure in mental health professions.

PROGRAM ADMISSION

Students who wish to pursue the MAMH should follow these procedures apply and be admitted to graduate studies at Cameron University.

PROGRAM REQUIREMENTS-48-60 HOURS

Core Courses-24 hours

PSY 5000 Introductory Seminar
PSY 5003 Ethical Princ of Counseling/Assessment/Research
PSY 5013 Research Methods in Behavioral Sciences
PSY 5033 Basic Counseling Skills
PSY 5203 Human Development
PSY 5363 Psychopathology
PSY 5383 Social/Cultural Found in Counseling/Psychology
PSY 5393 Systems Theory
PSY 5513 Assessment and Treatment of Children and Adolescents

Option-24 or 36 hours

Counseling Option (36 hours)
PSY 5083 Introduction to Counseling
PSY 5253 Career Assessment & Counseling
PSY 5313 Addiction in the Family Counseling
PSY 5373 Alcohol and Drug Addiction
PSY 5423 Alcohol & Drug Coun Theories and Techniques
PSY 5433 Counseling Theories
PSY 5453 Psychopharmacology and Addiction
PSY 5473 Addiction and Family Theory
PSY 5703 Individual Counseling
PSY 5713 Group Counseling
PSY 5743 Clinical Practicum I
PSY 5753 Clinical Practicum II

Marriage and Family Therapy Option (24 hours)
PSY 5043 Human Sexuality
PSY 5223 Psychology of Aging
PSY 5323 Foundations of Marriage and Family
PSY 5333 Assessment of Marriage and Family
PSY 5343 Marriage and Family Therapy
PSY 5353 Theories of Marriage and Family
PSY 5893 Practicum: Marriage and Family Therapy I
PSY 5903 Practicum: Marriage and Family Therapy II

GRADUATION REQUIREMENTS

Complete the required courses for the appropriate option with a cumulative 3.0 or above.
Complete the Graduation Application.
Complete an Exit Interview.