

Mothers, Pregnancy, and Parenting

Psychiatrist:

Resource: **Birth Choice of Oklahoma**

Phone: 580-248-3110

Address: 15 SW 8th Street
Lawton, OK 73502

Services: Birth Choice is a non-profit, interdenominational, charitable corporation that exists solely to help women with an unexpected pregnancy. Support is given in a loving, personal, non-judgmental, and strictly confidential way to meet the specific needs of each individual. Services include baby clothing/items, childbirth classes, fee health care, housing, parenting education, counseling, and support groups.

Psychiatrist:

Resource: **Children First – Comanche County Health Department**

Phone: 580-248-5890; 1-800-788-3628

Address: 1010 South Sheridan Road
P.O. Box 87
Lawton, OK 73501

Services: A community based voluntary family resource program which offer public health nurse, home nurse visitation services to families expecting their first baby. Services offered include Health assessment, child development assessments, parenting education, health, safety, and nutrition education.

Psychiatrist:

Resource: **Grandparents and Other Relatives Raising Children Again**

Phone: 580-536-3338

Address: 417 NW 69th Street
Lawton, OK 73505

Services: The purpose of this grandparent group is to provide a non-judgmental place for people in similar situations to talk about their experiences and exchange information.

Psychiatrist: Sheryl Cozad
Resource: Project Mother Care
Phone: 405-360-0087
Address: 3100 Clausen
Norman, OK 73071
Services: Telephone support for pregnant women and new members.
Miscarriage and stillborn grief support.