Continuing Education and Outreach Workshops

Workshops may be taken for credit or non-credit. Call Adult & Continuing Education (ACE) at 580-581-2242 for information.

TO ENROLL FOR CREDIT: Students who have an advisor should see him/her to enroll. Students who do not have an advisor may enroll at the enrollment desk, North Shepler, Room 210.

TO ENROLL FOR NON-CREDIT: Contact Adult and Continuing Education, South Shepler, Room 420.

EARLY ENROLLMENT IS ADVISED: Enrollment in these classes is limited and classes traditionally fill quickly. To secure your enrollment, you must pay the fee before the class begins.

LATE ENROLLMENT: Enrollments will be accepted on a space available basis, up to the day prior to the workshop; however, the fee must be paid prior to attending the workshop.

Withdrawal Policy: Occasionally a student enrolled in a workshop is unable to attend because of an emergency or unanticipated issue. In such cases, the student may petition to be withdrawn from the workshop by submitting a "Workshop Withdrawal Request," with any requisite documentation, within 5 working days after the first workshop date and before the start of the final workshop date. The "Request for Withdrawal" and documentation are to be submitted to the office of Adult & Continuing Education, South Shepler, Room 420. If a student wishes to withdraw from a workshop after the five days indicated above, the request will need to be sent to Cameron University's Office of Academic Affairs, Student Exchange Building, room 106.

Quilt Making by Hand
ART 4911   CRN 11491

Participants in the “hands-on” workshop will learn the fundamental skills of making a quilt by hand. The history of quilt making and variety of traditional, multi-cultural and contemporary quilt designs will be presented. Fabric choice, color theory, pattern design, stitching technique, and quilting styles will be included. A small quilt top design (approximately 20” x 20” or larger) will be pieced by hand during the first session. Additional work will be required throughout the week to complete the quilt top. The second session will be devoted to assembling the batting and backing for the quilting process and stitching techniques. Participants will be asked to bring the materials needed. A supply list will be sent prior to the workshop.

INSTRUCTOR: Lynda Martin
DATES: July 28, 29, 30, 31, 2015
TIME: 9:00a-5:00p
PLACE: ART 107
Grade: U/S
Lab Fee: $30
American Humor
ENG 3881    CRN 11460

This workshop considers the various strands that comprise America’s unique brand of humor. Students will analyze the historical and social currents that inform humor writing, film, and stand-up comedy. The first weekend of the course will explore Southern humor as a whole and Cajun, Creole, and African American humor as regional subgroups. The class will read works by Lewis Grizzard, Molly Ivins, Mark Twain, Zora Neale Hurston, and Cajun and Creole folktales. The second weekend will explore the humor informed by the immigrant experience and the African American diaspora to large northern urban centers. Students will consider Bert Williams, the several versions of Amos and Andy, Yiddish theatre, George Jessel, Burns and Allen, Milton Berle, Richard Pryor, Lenny Bruce, and contemporary stand-up comedy.

INSTRUCTOR: Hardy Jones  
DATES: August 15 & 22, 2015  
TIME: 8:00a-4:00p  
PLACE: NB 2064  
Grade: Letter Grade

Basic Excel-Online
UNIV 2211    CRN 11494

This online workshop will provide students with tools and techniques to move comfortably around the Excel environment. Students will learn how to enter text and values in a worksheet, format cells, create a spreadsheet, and print. Students will also learn how to perform calculations in an Excel worksheet, modify and format an Excel worksheet, manage an Excel workbook, and print the contents of a workbook. Additionally, this workshop is geared to help students understand basic data analysis and graphics, which are used in the Data Analysis and Interpretation course. Required Text: Harvey, G. (2013). Excel 2013 for Dummies. ISBN 987-1118510124

INSTRUCTOR: Krystal Brue  
DATES: August 13 through to September 9  
TIME: Online  
PLACE: Online  
Grade: Letter Grade

TI BA II Plus Calculator
BUS 3881    CRN 10997

This workshop aims to provide hands-on experience with using the Texas Instrument BA II Plus or BA II Plus professional business calculator for accounting, financial and statistical computations commonly used in business and everyday life. Prerequisites: Junior standing or permission of professor. Required tools: Texas Instruments BA II Plus calculator.

INSTRUCTOR: Bernadette Lonzanida  
DATES: August 28 & September 4, 2015  
TIME: 9:00a-12:00p; 1:00p-5:00p  
PLACE: Ross Hall 223  
Grade: U/S
**History of Rome**

This seminar will teach students basic information about the History of Rome as recorded by the Roman Historian, Livy. Students will learn about the events that led up to the founding of the city. Students will also learn key facts about Roman leaders that contributed to the founding and formation of the city. Students will by the end of this seminar be able to: (1) know basic information about the founding of the city of Rome. (2) Be able to identify key points in Roman History. (3) Know the two founding myths that are associated with Rome. (4) Know the year in which Rome fell.

**INSTRUCTOR:** Patrick M. Copeland  
**DATES:** Aug 22 & Aug 29, 2015  
**TIME:** 8:30a-4:30p  
**PLACE:** NB 3010  
**Grade:** U/S

---

**Basic APA Writing Workshop- Online**

This online workshop will provide students with essential tools and techniques to utilize APA writing strategies within their written assignments. Students will learn how to be prepared and write research papers, prepare the reference list and in-text citations, cite periodicals, books, published material, and electronic sources properly; avoid plagiarism; and improve over all writing through the research, planning, and editing process. **Required Text:** Publication Manual of the American Psychological Association, 6th Edition (2010). American Psychological Association, Washington DC.

**INSTRUCTOR:** Shawn Brue  
**DATES:** September 1 through to September 28, 2015  
**TIME:** Online  
**PLACE:** Online  
**Grade:** U/S

---

**Papermaking**

Participants in this workshop will be engaged in the ancient tradition of making paper by hand. Each student will construct a mold and deckle for their use in the process and will be introduced to several methods of developing paper pulp and making paper with unique and individual characteristics. Paper will be made from plant and vegetable fibers. Students will also be introduced to the history of papermaking and appropriate papermaking technical terms. At the conclusion of the workshop, students will have created a portfolio featuring a variety of papers and will be shown interesting applications of handmade paper products such as books, mixed-media art, picture frames, etc. There will be a $30 materials fee collected on the first day of the workshop.

**INSTRUCTOR:** Lynda Martin  
**DATES:** September 4, 5 and 11, 12, 2015  
**TIME:** 9:00a-5:00p  
**PLACE:** ART 107
Enemies of the Roman Empire
LANG 4181  CRN 11462

The seminar will teach students about the enemies of the Roman Empire. Students will learn about specific enemies that were considered to be a thorn in the Empire’s side. Students will also learn about the stress that the citizens of Rome experienced as a result of the battling enemies both outside and the inside. Students will by the end of the seminar be able to learn about enemies of the empire, remember each time that empire was under attack from an enemy, remember who the emperor was during each battle, and demonstrate an understanding of how powerful Rome was and how it threatened other nations.

INSTRUCTOR: Patrick Copeland
DATES: September 5, & 12, 2015
TIME: 8:30a-4:30p
PLACE: NB 3010
Grade: U/S

Food Writing
ENG 3881  CRN 10892

Food Writing will be an intensive study in this subgenre of creative nonfiction. Students will experiment with traditional and contemporary forms of the genre through writing exercises and round table workshops of original student work. Publishing is discussed.

INSTRUCTOR: Hardy Jones
DATES: September 5 and 12, 2015
TIME: 8:30a-4:30p
PLACE: NB 1066
Grade: U/S

Making Web Animations/Flash CS5
MM 3991  CRN 10771

Students will create digital animations, add basic scripts and publish their animations as SWF files for internet publication.

INSTRUCTOR: Linda Wright-Smith
DATES: September 12 and 19, 2015
TIME: 9:00a-5:00p
PLACE: CETES 110
Grade: Letter Grade
Creative Web Design I  
**MM 3991  CRN 10772**

This workshop will provide participants with the necessary skills to plan, organize, develop, and post a simple homepage. Each participant will construct his/her homepage using Dreamweaver. Participants will also get started with Photoshop to manipulate a few pictures.

**INSTRUCTOR:** Abbas Johari  
**DATES:** September 12 and 19, 2015  
**TIME:** 9:00a-5:00p  
**PLACE:** CETES 104  
**Grade:** U/S

Grief & Trauma: Theory and Therapy  
**PSY 4331  CRN 10196**

This seminar will foster therapeutic skills pursuant to natural responses to various losses ranging to traumatic loss and traumatic experience. We will consider the conceptualization of the mental, emotional, biological, physiological, spiritual, and social aspects of grief, complicated grief, traumatic grief, and trauma response, PTSD. Our focus will be recognizing managing, and providing therapeutic interventions for these symptom constellations. the completed course will result in a letter grade.

**INSTRUCTOR:** William Robinson  
**DATES:** September 12 and 19, 2015  
**TIME:** 8:30a-4:30p  
**PLACE:** AC 125  
**Grade:** Letter Grade

Psychology of Dreaming  
**PSY 4331  CRN 10195**

This workshop will focus upon the psychological theories of dreams according to S. Freud, C. Jung, A. Adler, and other theorists. Other areas will include sleep stages and physical characteristics influencing psychological dream states. This class does not count toward psychology required or major elective credit, only general elective credit. Full attendance is required for this class.

**INSTRUCTOR:** Derek Kirby  
**DATES:** September 12 and 19, 2015  
**TIME:** 8:30a-4:30p  
**PLACE:** AC 126  
**Grade:** Letter Grade
The Wichita Mountains Elk
BIOL 2121 CRN 10411

Designed for teacher, youth group leaders, naturalists, outdoorsmen and others interested in developing an appreciation of elk in a natural environment, this workshop will study the species from biological, cultural, and historical perspectives. Hand-on exercises, directed discussion and audiovisuals will be utilized in the classroom, and a major field trip will be conducted on Sunday morning. Students are required to wear appropriate clothing and footwear and to bring a sack lunch every day. A field notebook, binoculars or telescope are also required.

INSTRUCTOR: Jack Tyler
DATES: September 18 and 19th, 2015
TIME: 8:00a-4:30p
PLACE: Quanah Parker Lake Environmental Education Center, Wichita Mountain Wildlife Refuge
Grade: U/S

Maritime Piracy: A Policy Workshop
PS 4491 CRN 11371

Despite a concerted effort in the eighteenth century to eradicate piracy and privateering (most notably in the Caribbean), piracy abounds in the twenty-first century, causing dilemmas for international shipping transnational corporations, state relations, and human and food security. This two-day workshop reviews the history of government-sanctioned and proscribed piracy, the intricacies of international law, and the contemporary rise of piracy. The first day addresses the history of piracy and examines contemporary piracy by analyzing piratical occurrences, socio-economic statistics of areas with a high incidence of piracy (near the world’s strategic waterways), and government prohibition efforts. We evaluate international cooperation on the eradication of piracy and the development of maritime security. Students learn how to formulate and analyze international policy culminating in writing their own MOU or memorandum of understanding. The course introduces students to the problem of piracy while also giving them tools to engage in government or other organizations combatting piracy.

INSTRUCTOR: Roni Kam O’Dell
DATES: September 18 and 26th, 2015
TIME: 8:30a-4:30p
PLACE: CON 106
Grade: Letter Grade
This workshop aims to provide hands-on experience with using the Texas Instrument BA II Plus or BA II Plus professional business calculator for accounting, finance and statistical computations commonly used in business and everyday life. Prerequisites: Junior standing or permission of professor. Required tools: Texas Instruments BA II Plus Calculator. This workshop aims to provide hands-on experience with using the Texas Instrument BA II Plus or BA II Plus professional business calculator for accounting, finance and statistical computations commonly used in business and everyday life. Prerequisites: Junior standing or permission of professor. Required tools: Texas Instruments BA II Plus Calculator.

INSTRUCTOR: Bernadette Lonzanida
DATES: September 25 and October 2, 2015
TIME: 9:00a - 5:00p
PLACE: ROSS 223
Grade: U/S

Cinema can be so exciting and captivating that the audience member forgets films are made by other people. The Aesthetics of Film workshop will cover the breakdown and analysis of movies and film genre. Topics include silent films, American comedy, film noir, Hollywood and TV, and non-narrative techniques in film.

INSTRUCTOR: Matt Jenkins
DATES: September 26, October 3, 2015
TIME: 8:30a – 4:30p
PLACE: COMM 114
Grade: Letter Grade

This workshop will focus upon the psychological theories of dreams according to S. Freud, C. Jung, A. Adler, and other theorists. Other areas will include sleep stages and physical characteristics influencing psychological dream states. This class does not count toward psychology required or major elective credit, only general elective credit. Full attendance is required for this class.

INSTRUCTOR: Abbas Johari
DATES: September 26 and October 3, 2015
TIME: 9:00a - 5:00p
PLACE: CETES 104
Grade: Letter Grade
African American Oratory
COMM 3911 CRN 11053

Oratory played an important role in the emergence of African Americans in the history of the United States. This workshop focuses on the rhetoric and oratory of select African Americans since the eighteenth century.

INSTRUCTOR: Jim Heflin
DATES: October 3, and 10, 2015
TIME: 8:30a-4:30p
PLACE: COMM 109
Grade: Letter Grade

WS Illustration/Adobe Flash
MM 3911 CRN 10769

Students will create one point and two point graphics in Flash, populate the scene with rotoscoped characters and, in the process, make an animated scene.

INSTRUCTOR: Linda Wright-Smith
DATES: October 3 and 10, 2015
TIME: 9:00a-5:00p
PLACE: CETES 110
Grade: Letter Grade

Psychology of Behavior Addiction
PSY 4331 CRN 10648

Ever hear “I just can't stop” or “It doesn't hurt me or anyone else” or “Why don't I change?” This workshop will investigate many aspects and concepts of “Behavior Addiction” in a psychological reference. Gambling, sex, Internet and cell phone use, shopping, video games, food, and such are just a few areas of discussion. The students will dive into the theoretical study of personality, family, relationships, compulsiveness, pleasure and arousal, rituals, and other concepts to study the addiction cycle and to gain more knowledge of this topic. Students enrolled in this class for university credit will receive a letter grade. Attendance and interaction is required in the class.

INSTRUCTOR: Derek Kirby
DATES: October 3, and 10, 2015
TIME: 8:30a – 4:30p
PLACE: AC 126
Grade: Letter Grade
Real World PR Tactics
PBRL 3941 CRN 11054

In this workshop, students will learn how their public relations education will be applied to a real-world setting. Taught by an industry professional with more than 15 years of media and PR experience, the workshop will detail the practical, day-to-day activities of a public relations office, the various communication mediums used by professionals, and the leadership skills necessary to managing a creative team. Additionally, the workshop will take students through a strategic planning process that results in the development of an internal and external communication messaging calendar.

INSTRUCTOR: Adam Calaway
DATES: October 24, and 31, 2015
TIME: 8:30a – 4:30p
PLACE: COMM 114
Grade: U/S

Conflict Management
COMM 3991 CRN 10908

Dealing with conflict is inevitable. This workshop will examine conflict management processes and mediation skills with emphasis on interaction patterns, interpersonal relationships, and communication skills. Issues such as fostering creativity in problem solving, proactive intervention, and utilizing various conflict resolution strategies for a successful mediation will be examined.

INSTRUCTOR: Jim Heflin
DATES: October 24, and 31, 2015
TIME: 8:30a – 4:30p
PLACE: DUNC 121
Grade: Letter Grade

Systemic Neurobiology
PSY 4331 CRN 10650

The seminar will foster counseling skills and therapeutic interventions as well as the physiological rationale for interventions to include social therapeutic approaches configured as a result of neurological and biological research. We will address the psychological, emotional, biological, spiritual, behavioral, and primarily relational interventions that prompt positive psychological and physiological states. The completed course results in a letter grade.

INSTRUCTOR: William Robinson
DATES: October 24, and 31, 2015
TIME: 8:30a – 4:30p
PLACE: AC 125
Grade: Letter Grade
"Lions, Tigers, and Bears...Oh MY!!!" Why do we show fear? Why do we show fear when we shouldn't? This seminar will investigate the psychological theories of fear, the 5 basic types of fears, categorization of fear and phobia, biological and neurological concepts of fear, social learning and conditioning of fear, fear addiction and magnetism, and overcoming fear. This class will utilize individual and group process and discussion, and may be used only as an elective for graduation. Attendance and interaction is required for this class.

INSTRUCTOR: Derek Kirby
DATES: October 24 and 31, 2015
TIME: 8:30a-4:30p
PLACE: AC 126
Grade: Letter Grade

Outdoor Survival 101
BIOL 2121 CRN 11010

Enjoy the camaraderie of local naturalists while learning new skills and exploring the natural world around you. Learn how to navigate in the wild, build Fire, Find wild edibles, study birds and other wildlife species and explore wilderness with leave-no-trace ethics. This workshop will provide a wonderful mix of natural awareness and outdoor survival skills, vital to having a deeper connection with the natural world and a strong sense of safety outdoors.

INSTRUCTOR: Jack Tyler
DATES: October 30 and 31, 2015
TIME: 8:00a-4:30p
PLACE: Quanah Parker Environmental Education Center
Grade: U/S

Academic Citations and Formatting
COMM 3991 CRN 11335

This workshop is designed to confront the confusion students often find in understanding how to properly use APA, MLA, or Chicago styles of citation and formatting in academic papers. Students will bring a paper assignment with a fleshed out outline, and from that outline understand how to use MS Word to bring the paper to its proper fruition in the required format. Students are expected to properly cite sources and format a bibliography for a paper. All three styles will be covered.

INSTRUCTOR: Teresa Morales
DATES: November 7 and 14, 2015
TIME: 8:30a-4:30p
PLACE: COMM 114
Grade: U/S
WS Game Development I
MM 3991 CRN 11327

In this workshop the students will learn the basic concepts of C# programming language. The students will also get familiarized with Unity game engine a software to make games. By the end of this workshop, the students will have a basic knowledge of how to manipulate objects in unity games engine.

INSTRUCTOR: Usef Faghihi
DATES: November 7 and 14, 2015
TIME: 9:00a-5:00p
PLACE: CETES 110
Grade: U/S

WS Adobe after Effects--Basic
MM 3991 CRN 10773

Students will learn the basics of Adobe After Effects while creating animated visual effects and animations. After Effects is digital motion graphics software used during the post-production composition of movies, video, web artifacts and 2D/3D animations.

INSTRUCTOR: Linda Wright-Smith
DATES: November 7 and 14, 2015
TIME: 9:00a-5:00p
PLACE: CETES 110
Grade: Letter Grade

Bookmaking
ART 4911 CRN 11281

Participants in this “hands-on” workshop will learn a variety of book-making methods. Handmade books from several cultures will be introduced and created. Students will be responsible for gathering a variety of fabrics and papers to create highly unique and personalized book styles. A materials list will be sent to each student prior to the workshop. Additional archival materials will be provided on-site (papers, glue, book tapes,) through a materials fee of $30.00, which will be collected at the first workshop session.

INSTRUCTOR: Linda Martin
DATES: November 13, 14, and 20, 21, 2015
TIME: 9:00a-5:00p
PLACE: ART 107
Grade: U/S
Materials fee of $30.00
Birds of Prey
BIOL 2121 CRN 11011

Many raptorial birds spend time in the Wichitas. Students will study natural, cultural, and historical aspects of these magnificent predators. The class will search for birds of prey throughout the Refuge as well as in the Special Use Area. Please bring your own sack lunch and binoculars, and wear appropriate clothing for outside activities. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Jack Tyler
DATES: November 13 and 14, 2015
TIME: 8:00a-4:30p
PLACE: Quanah Parker Lake Environmental Ed Center, Wichita Mountains Wildlife Refuge
Grade: U/S

Stepfamilies
PSY 4331 CRN 10197

Even Cinderella had to deal with step-sisters. Divorce or death, and subsequent remarriage involves many new complexities and relationships. This seminar will investigate the family dynamics of step families, relationships in step families, step-parenting, power and equality within the blended family. It also explores children’s issues of “intact and step” relationships, financial pressures in step-families, and issues involved in being a step-child. This class will utilize individual and group processes and may be used only as an elective. Attendance and interaction is required for this class.

INSTRUCTOR: Derek Kirby
DATES: November 14 and 21, 2015
TIME: 8:30a-4:30p
PLACE: AC 126
Grade: Letter Grade

WS Game Development II
MM 3991 CRN 11328

In this workshop the students will learn the intermediate concepts of C# programming language. The students will also work more with Unity game engine software to make games. By the end of this workshop the students will make a small game.

INSTRUCTOR: Usef Faghihi
DATES: November 21 and December 5, 2015
TIME: 9:00a-5:00p
PLACE: CETES 110
Grade: U/S