Continuing Education and Outreach Courses

Workshops

Workshops may be taken for credit or non-credit. Call (580) 581-2242 for information.

TO ENROLL FOR CREDIT: Students who have an advisor should see him/her to enroll. Students who do not have an advisor may enroll at the enrollment desk, North Shepler, Room 210.

TO ENROLL FOR NON-CREDIT: Contact Adult and Continuing Education, South Shepler, Room 420.

EARLY ENROLLMENT IS ADVISED: Enrollment in these classes is limited and classes traditionally fill quickly. To secure your enrollment, you must pay the fee before the class begins.

LATE ENROLLMENT: Enrollments will be accepted on a space available basis, up to the day prior to the workshop; however, the fee must be paid prior to attending the workshop.

WITHDRAWAL: Occasionally a student enrolled in a workshop is unable to attend because of an emergency or unanticipated issue. In such cases, the student may petition to be withdrawn from the workshop by submitting this “Workshop Withdrawal Request,” with any requisite documentation, within 5 working days after the first workshop date and before the start of the final workshop date. The “Request for Withdrawal” and documentation are to be submitted to the office of Adult & Continuing Education, South Shepler, Room 420. If a student wishes to withdraw from a workshop after the five days indicated above, the request will need to be sent to Cameron University’s Office of Academic Affairs, Academic Exchange 100.

MOTION GRAPHICS 1
CRN 30285 MM 3991

Concepts and practice in developing motion graphics with special effects using a non-linear, 2D, layer-oriented, editing system. Motion graphics will be combined with audio for use in 3D animation projects and displayed via electronic media. Students will animate, alter and composite media in 2D and 2.5D space with an editing system’s built-in tools and third-party plug-ins. Special attention will be given to basic editing skills and motion curves. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Steven Abbott

DATES: May 24, 25 and 26, 2013
PLACE: CETES 110
TIME: F 5:00 – 8:50P; Sat 9:00 – 5:00P; Sun 2:00 – 5:50P

MOTION GRAPHICS 2
CRN 30286 MM 3991

Refinement of concepts and skills learned in MM 3991, Motion Graphics 1 with an emphasis on the use of 3D animation, spatial effects and 2.5D camera angle adjustments. Prerequisite, MM 3991, Motion Graphics 1. Special attention will be given to basic editing skills and motion curves. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Steven Abbott

DATES: May 31, June 1 and 2, 2013
PLACE: CETES 110
TIME: F 5:00 – 8:50P; Sat 9:00 – 5:00P; Sun 2:00 – 5:50P

MS EXCEL
CRN 30386 CIS 2001

This online workshop involves assigned student projects which will include topics not covered in detail in the CIS curriculum and based on study needs. The focus will be on basic Excel functions, data analysis, and graphics. This class is open to all students but highly recommended as a precursor for students enrolling in ORGL 3333 Data Analysis class. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Mike Estep
TIME: Online

Additional Fee: Online Fee

MOTION GRAPHICS 3
CRN 30287 MM 3991
Directed study emphasizing the completion of a major project involving 3D animation and a motion graphics editing system. The project will demonstrate students’ readiness to pursue more advanced 3D animation and motion capture courses by demonstrating their motion graphic, modeling and texturing skills. Prerequisite, MM 3991, Motion Graphics 2. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Steven Abbott

DATES: June 3 and July 25, 2013
PLACE: CETES 110
TIME: 9:00 – 5:00P

CERAMIC HAND-BUILDING: THE SLAB CONSTRUCTION TECHNIQUE
CRN 30296 ART 4911

Participants in this hands-on workshop will learn to create clay vessels/sculptures with an emphasis on the slab construction technique. Slip decorating will also be explored. The basic fundamentals of dealing with clay such as wedging, firing, glazing, and decorating will be explored. Participants will understand the raw materials incorporated in this hand-building method as they take the creative process from the building of the piece to the glazing and firing of it. A $30 materials fee will be collected in the first session. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Debra Greenway

DATES: June 8,9 and 29,30, 2013
PLACE: ART 107
TIME: 9:00 - 5:00P
Additional Materials Fee: $30.00

INTERPERSONAL COMMUNICATION
CRN 30205 COMM 3991

This workshop will focus on interpersonal communication skills useful in developing and managing both personal and professional relationships. Special emphasis will be given to communicating under pressure and relating with difficult people. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: James Heflin

DATES: June 8 and 15, 2013
PLACE: COMM 114
TIME: 8:30 – 4:30P

WORLD ENGLISH
CRN 30355 ENGL 3881

There are currently around 75 regions or nations in the world in which English is spoken as a first or second official language. Most of these areas involve places with a history of colonization by the United Kingdom or Great Britain but these are others where no such history exists. In those areas, other social and economic factors are driving the proliferation of English. Students enrolled in this workshop for university credit will receive letter grade.

INSTRUCTOR: William Carney

DATES: June 15 and 22, 2013
PLACE: NB 1074
TIME: 8:00 – 4:30P

CONFLICT RESOLUTION
CRN 30202 COMM 3991

Dealing with conflict is inevitable. This workshop will examine conflict management processes and mediation skills with emphasis on interaction patterns, interpersonal relationships, and communication skills. Issues such as fostering creativity in problem solving, proactive intervention, and utilizing various conflict resolution strategies for a successful mediation will be examined. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Krystal Brue

DATES: June 21 and 22, 2013
PLACE: COMM 114
TIME: F 5:00 – 10:00P; S 8:00 – 6:30P

WEIGHT LOSS YOGA
CRN 30305 PE 2181

This workshop explores the health benefits of yoga in weight loss. Using the practice of yoga and the philosophy of yoga, students will learn about the benefits of incorporating yoga into a weight loss program. Students will experience and practice fitness yoga as well as a light and gentle yoga practice to help participants explore what options are available in yoga and which type can best serve his/her needs. Discussions about current trends in obesity and how to incorporate healthy eating practices will be examined. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Sheri Geiger

DATES: June 22 and 29, 2013
PLACE: SHEP 202
TIME: 8:00 – 4:00P

PRAIRIE ECOLOGY
CRN 30065 BIOL 2121
This is a multifaceted and intensive study of the physical and biological attributes of the natural prairie ecosystem. Cultural and economical impacts will be considered in an historical context. Grass morphology and adaptation will be emphasized. Bring a sack lunch and wear appropriate clothing. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Jack Tyler
DATES: July 12 and 13, 2013
PLACE: Quanah Parker Lake Environmental Education Center, Wichita Mountains Wildlife Refuge

**PILATES**
CRN 30309 PE 2181

Participants in this workshop will learn how to develop a lean and healthy core through the practice of Pilates. Students will learn about core muscles and their function and how to properly execute Pilates exercises. The reasons why having a healthy core is important to one’s health will be explored. Ways to create a Pilates routine to do on your own will be presented in addition to discussing resources that are available in helping a person develop a Pilates exercise program. Finally, participants will learn about performing Pilates exercises in a variety of ways including Fat burning Pilates, Fusion: Pilates and Yoga combined, Pilates with Weights and Pilates using stability/core exercise balls. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Sheri Geiger
DATES: July 13 and 20, 2013
PLACE: SHEP 202

**UNDERSTANDING LONELINESS**
CRN 30161 PSY 4331

Students will examine the mental, physical, emotional, social, and spiritual dimensions of loneliness, a grievous human condition that is often overlooked and not validated by concerned others. Therapeutic protocols and interventions will be examined. Students enrolled in this workshop for university credit will receive letter grade.

INSTRUCTOR: William Robinson
DATES: July 13 and 20, 2013
PLACE: AC 125