Continuing Education and Outreach Courses

Workshops

Workshops may be taken for credit or non-credit. Call (580) 581-2242 for information.

TO ENROLL FOR CREDIT: Students who have an advisor should see him/her to enroll. Students who do not have an advisor may enroll at the enrollment desk, North Shepler, Room 210.

TO ENROLL FOR NON-CREDIT: Contact Adult and Continuing Education, South Shepler, Room 420.

EARLY ENROLLMENT IS ADVISED: Enrollment in these classes is limited and classes traditionally fill quickly. To secure your enrollment, you must pay the fee before the class begins.

LATE ENROLLMENT: Enrollments will be accepted on a space available basis, up to the day prior to the workshop; however, the fee must be paid prior to attending the workshop.

WITHDRAWAL: Withdrawal Policy: Occasionally a student enrolled in a workshop is unable to attend because of an emergency or unanticipated issue. In such cases, the student may petition to be withdrawn from the workshop by submitting this “Workshop Withdrawal Request,” with any requisite documentation, within 5 working days after the first workshop date and before the start of the final workshop date. The “Request for Withdrawal” and documentation are to be submitted to the office of Adult & Continuing Education, South Shepler, Room 420. If a student wishes to withdraw from a workshop after the five days indicated above, the request will need to be sent to Cameron University’s Office of Academic Affairs, 415 North Shepler.

PAPERMAKING
CRN 11108 ART 4911
Participants in this workshop will be engaged in the ancient tradition of making paper by hand. Each student will construct a mold and deckle for their use in the process and will be introduced to several methods of developing paper pulp and making paper with unique and individual characteristcs. Paper will be made from plant and vegetable fibers. Students will also be introduced to the history of papermaking and appropriate papermaking technical terms. At the conclusion of the workshop, students will have created a portfolio featuring a variety of papers and will be shown interesting applications of handmade paper products such as books, mixed-media art, picture frames, etc. There will be a $30 materials fee collected on the first day of the workshop. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Lynda Martin
DATES: July 29, 30, 31 and August 1, 2013
PLACE: Art 107
TIME: 9:00 - 5:00 P
FEE: $30.00 Materials Fee

MIXED MEDIA AND COLLAGE
CRN 10263 ART 4911
Participants in this workshop will be encouraged to pursue their own original styles while working with a variety of media including handmade paper, watercolor, acrylic, gouache, dry pigments, and inks. A variety of collage techniques will be presented and employed in each work produced. Found objects, sketches and ideas will be collected and brought to class for application on paper to make and original mixed media piece of artwork. Students will be encouraged to “loosen up” both in application of media and in their creative thinking. Emphasis will be on design, color, originality, and creativity. There will be a $30 materials fee collected on the first day of the workshop. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Lynda Martin
DATES: August 5, 6, 7, and 8, 2013
PLACE: ART 107
TIME: 9:00 – 5:00P
FEE: $30.00 Materials Fee

BOTANICAL ILLUSTRATION WITH GRAPHITE AND WATERCOLOR
CRN 11508 ART 4911
In this workshop we will explore contemporary methods of the century’s old technique of botanical illustration. Before photography existed artists were commissioned to document plant species through observational drawing and painting. We will combine this scientific approach and a freer artistic approach in this workshop in order to create a contemporary version of a traditional art form. We will use pencil to create fantastical backgrounds and use watercolor to illustrate our botanical subjects. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory. There will be a $30 lab fee which will provide the art supplies. Students are welcome to bring any additional supplies they would like to use in the workshop.

INSTRUCTOR: Christen Humphries
DATES: September 6, 13, 20, and 27, 2013
PLACE: ART 107
TIME: 9:00 - 5:00P
FEE: $30.00 Materials Fee

CERAMICS: SCULPTURAL HAND BUILT OBJECTS
CRN 10554 ART 4911
This workshop will provide an opportunity for the student to explore hand building processes in clay utilizing press & hump molds. There will be an emphasis on sculptural objects as students are encouraged to develop their creativity and ceramic hand building skills. There will be a $30 materials fee collected on the first day of the workshop. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Debra Greenway-Hayes

DATES: September 7, 8 and 28, 29, 2013
PLACE: ART 107
TIME: 9:00 - 5:00P
FEE: $30.00 Materials Fee

CREATIVE WEBPAGE DESIGN I
CRN 11188 MM 3991

This workshop will provide participants with the necessary skills to plan, organize, develop, and post a simple homepage. Each participant will construct his/her homepage using Dreamweaver. Participants will also get started with Photoshop to manipulate a few pictures. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Abbas Johari

DATES: September 7 and 14, 2013
PLACE: CETES 104
TIME: 9:00 – 5:00P

CREATING TESTS WORTH TAKING
CRN 11492 EDUC 5781

This is a workshop on how to write high quality tests. Emphasis is placed on how to write test objectives, test directions, test items of various formats, as well as the creation of an answer key. Strategies used to reduce bias and write higher-order-thinking test items are also covered. The content of this workshop can be applied in any assessment environment or test setting. Students enrolled in this workshop for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Ramona Hall

DATES: September 7 and 14, 2013
PLACE: NB 1075
TIME: 8:30 – 4:30P

WOODY PLANTS OF THE WICHITA MOUNTAINS
CRN 10556 BIOL 2121

This workshop is designed for anyone interested in the trees and shrubs of the Wichita Mountains Wildlife Refuge. Objectives include teaching students the basic anatomy and morphology used to identify woody plants, to be able to use that knowledge to identify native trees and shrubs, and selected natural history and ethnobotany related to these plants. The mornings of each day will be spent in the classroom, and afternoons will be spent in the field. Bring a sack lunch and wear appropriate boots and clothing. Mandatory book and equipment: Forest Trees of Oklahoma (Oklahoma Department of Agriculture Forestry Services Pub. I, 2002), and 10x or 20x hand lens. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Jack Tyler

DATES: September 13 and14, 2013
PLACE: Quannah Parker Lake Environmental Ed. Center, WMWR
TIME: 8:00 – 4:30P

INTERVIEWING
CRN 10862 COMM 3991

This seminar focuses on the essential dimensions of the job selection and performance appraisal interviews. Students will be videotaped twice while role playing a job selection interview. Students are required to bring a current copy of their most recent resume and a blank videotape. This class is essentially an activity-based, performance-oriented class. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Ron Price

DATES: September 14 and 28, 2013
PLACE: COMM 114
TIME: 8:30 – 4:30P

MAKING WEB ANIMATION WITH FLASH CS5
CRN 11187 MM 3991

Students will create digital animations, add basic scripts and publish their animations as SWF files for internet publication. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Linda Wright-Smith

DATES: September 14 and 21, 2013
PLACE: CETES 108
TIME: 8:30 – 4:30P

PSYCHOLOGY OF DREAMING
CRN 10246 PSY 4331
This workshop will focus upon the psychological theories of dreams according to S. Freud, C. Jung, A. Adler, and other theorists. Other areas will include sleep stages and physical characteristics influencing psychological dream states. This class does not count toward psychology required or major elective credit, only general elective credit. Full attendance is required for this class. Students enrolled in this workshop for university credit will receive a letter grade.

INSTRUCTOR: Derek Kirby
DATES: September 14 and 21, 2013
PLACE: AC 126
TIME: 8:30 – 4:30P

**MS EXCEL**
CRN 11653 CIS 2001

This online workshop involves the study and application of specific topics in Management Information Systems such as basic Excel functions, data analysis, and graphics. This class is open to all students but highly recommended as a precursor for students enrolling in ORGL 3333 Data Analysis. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Kenneth Smith
DATES: September 15 – 28, 2013
TIME: Online

**BECOMING A TEACHER LEADER**
CRN 11493 EDUC 5781

This workshop for current teachers focuses on developing teacher leaders who can engage in decision-making at the school, district, and state levels. Included will be the development of leadership and communication skills. Students enrolled in this workshop for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Courtney Glazer
DATES: September 20, 21, and 22 2013
PLACE: CETES 109
TIME: Fri 6:00 – 9:00P; Sat 8:00 – 5:00P; Sun 1:00 – 5:00P

**CERAMICS: UTILITARIAN HAND BUILT OBJECTS**
CRN 10553 ART 4911

This workshop will provide an opportunity for the student to explore hand building processes in clay utilizing press & hump molds. There will be an emphasis on utilitarian objects such as bowls, cups, etc. as students are encouraged to develop their creativity and ceramic hand building skills. There will be a $30 materials fee collected on the first day of the workshop. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Debra Greenway-Hayes
DATES: September 21, 22 and October 26, 27, 2013
PLACE: ART 107
TIME: 9:00 - 5:00P
FEE: $30.00 Materials Fee

**CREATIVE WEBPAGE DESIGN II**
CRN 11186 MM 3991

This workshop will provide participants with the necessary skills to construct their own homepage using Dreamweaver and Photoshop programs. Participants will also implement the graphic principles, screen design rules, and sound and animation attributes into their designs. If time allows, participants will also learn how to create roll-over graphics and forms. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory. Creative Web Design I is a prerequisite for this workshop.

INSTRUCTOR: Abbas Johari
DATES: September 21 and 28, 2013
PLACE: CETES 104
TIME: 9:00 – 5:00P

**CONFLICT MANAGEMENT**
CRN 11606 COMM 3991

Dealing with conflict is inevitable. This workshop will examine conflict management processes and mediation skills with emphasis on interaction patterns, interpersonal relationships, and communication skills. Issues such as fostering creativity in problem solving, proactive intervention, and utilizing various conflict resolution strategies for a successful mediation will be examined. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Justin Walton
DATES: September 21 and 28, 2013
PLACE: CU Duncan 125
TIME: 8:30 – 4:30P

**WEIGHT LOSS YOGA**
CRN 11407 PE 2181
This workshop explores the health benefits of yoga in weight loss. Using the practice of yoga and the philosophy of yoga, students will learn about the benefits of incorporating yoga into a weight loss program. Students will experience and practice fitness yoga as well as a light and gentle yoga practice to help participants explore what options are available in yoga and which type can best serve his/her needs. Discussions about current trends in obesity and how to incorporate healthy eating practices will be examined. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Sheri Geiger

DATES: September 21 and 28, 2013
PLACE: Shepler 202

COMMUNICATION AND CONFLICT RESOLUTION
CRN 10248 PSY 4331

This seminar will focus on the fundamentals of effective communication skills in relationships. We will discuss appropriate communication skills for family, couples, and the workplace. We will further confer the use of these skills in the effective resolution of issues and effective consideration of issues. John Gottman’s research will be a major focus. Students enrolled in this workshop will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: William Robinson

DATES: September 21 and 28, 2013
PLACE: AC 125

DEPRESSION: SIGNS, SYMPTOMS, CAUSES AND TREATMENTS
CRN 11139 PSY 4331

This weekend workshop will cover the signs and symptoms of the various types of depression, the causes of depression, and some of the treatments for depression. Students will be placed in groups for some group work. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Michael (Chad) Franklin

DATES: September 28 and October 5, 2013
PLACE: AC 126

WATERCOLOR ON VELLUM
CRN 11509 ART 4911

In this workshop we will revisit the use of animal skin vellum as a painting surface. The use of vellum as a surface for documentation dates back to the first millennium B.C. Artists of middle ages to the eighteenth century created books of hours and works of art on this surface. Today only a handful of artists work on vellum. We will learn the basic techniques of painting with watercolors on the technically demanding surface of vellum in this workshop. While the technique is difficult to master, the resulting paintings on vellum have an ethereal glow unmatched by any other painting surface. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory. There will be a $30 lab fee which will provide the art supplies and vellum. Students are welcome to bring any additional supplies they would like to use in the workshop.

INSTRUCTOR: Christen Humphries

DATES: October 4,11,18 and 25, 2013
PLACE: ART 107

MAKING 3D ILLUSTRATIONS WITH ADOBE FLASH
CRN 11185 MM 3991

Students will create digital animations, add basic scripts and publish their animations as SWF files for internet publication. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Linda Wright-Smith

DATES: October 5 and 12, 2013
PLACE: CETES 108

PHOTOSHOP
CRN 11787 MM 3991

Learn the basics of Adobe Photoshop. Included in the workshop will be discussions and hands-on exercises that explore Photoshop tools and filters, image correction, and layer composites. Make use of your creations for print, in Power Point, or on the web. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Gil Hernandez

DATES: October 5 and 12, 2013
PLACE: CETES 110

PARAPSYCHOLOGY
CRN 11138 PSY 4331

This course will cover one of the (sometimes) controversial areas of psychology, that of parapsychological phenomenon. We will first study how each of the phenomena is defined, and then look at the research supporting that area, as well as some of the criticisms that have arisen. Class
discussion, critical thinking, and a willingness to challenge popular beliefs and theories will definitely be necessary for this class. Students enrolled in this class for university credit will receive a letter grade.

INSTRUCTOR: John Geiger
DATES: October 5 and 12, 2013
PLACE: AC 128

THE WICHITA MOUNTAIN ELKS
CRN 10557 BIOL 2121

Designed for teachers, youth group leaders, naturalists, outdoorsmen and others interested in developing an appreciation of elk in a natural environment, this workshop will study the species from biological, cultural, and historical perspectives. Hands-on exercises, directed discussion and audiovisuals will be utilized in the classroom, and a major field trip will be conducted on Sunday morning. Sack lunches will be needed and a telescope or binoculars are strongly recommended. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Jack Tyler
DATES: October 11 and 12, 2013
PLACE: Quanah Parker Environmental Lake Ed Center, Wichita Mountains Wildlife Refuge

PROFESSIONAL REPORT WRITING
CRN 11568 ENGL 3881

This course is presented as a weekend workshop. The workshop will introduce the basic rhetorical knowledge and skills in writing effective workplace reports. The goal of the workshop is to provide the participants with effective instructions and hands-on practice on how to write long professional reports such as recommendation reports and short professional reports such as trip/field report, periodic reports, progress reports, and incident reports. Students enrolled in this workshop for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Yingqin Liu
DATES: October 12 and 19, 2013
PLACE: NB 2064

ONCE A WARRIOR
CRN 10930 PSY 4331

The purpose of this workshop is to familiarize students with the psychological issues in transitioning from combat to home life. Topics will include Combat Stress, PTSD, and mTBI. Students will earn a satisfactory or unsatisfactory grade based on attendance and class participation and there is a book requirement.


INSTRUCTOR: Andrea Farmer
DATES: October 12 and 26, 2013
PLACE: AC 126

INCREASING SELF UNDERSTANDING THROUGH GROUP WORK
CRN 10929 PSY 4331

Students in this workshop will perform several activities that increase self understanding in groups (e.g., bag therapy, genograms). Students will need to bring ten magazines, a pair of scissors, stick glue, and knowledge of much of their family history (e.g., names, DOB, age of death, mental health, communication networks, substance abuse, domestic violence). Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Michael (Chad) Franklin
DATES: October 26 and November 2, 2013
PLACE: AC 125

THEORIES OF THERAPY
CRN 10931 PSY 4331

This seminar will concern itself with therapeutic approaches and applications configured to address human mental, emotional, physical, spiritual, and relational discomforts. We will consider therapies ranging from psychoanalysis historically to more recently developed Drug and Alcohol Treatments. Theories and pragmatic application in therapy will include, among others, Systemic, Gestalt, Cognitive-Behavioral, EMDR, Solution-Focused, Dialectical-Behavioral Therapy with Mindfulness and Radical Acceptance, Behavior Modification, and Person-Centered. Students enrolled in this class for university credit will receive a letter grade.

INSTRUCTOR: William Robinson
DATES: October 26 and November 2, 2013
PLACE: AC 128
CONFLICT RESOLUTION
CRN 11183 COMM 3991

Dealing with conflict is inevitable. This workshop will examine conflict management processes and mediation skills with emphasis on interaction patterns, interpersonal relationships, and communication skills. Issues such as fostering creativity in problem solving, proactive intervention, and utilizing various conflict resolution strategies for a successful mediation will be examined. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Krystal Brue
DATES: November 1 and 2, 2013
PLACE: COMM 109
TIME: F 5:00 – 10:00P; S 8:00 – 6:30P

WATERCOLOR AND GOUACHE
CRN 11644 ART 4911

Participants in the watercolor and gouache workshop will learn the essentials of each painting process with a brief history of both mediums. Students will explore experimental as well as traditional painting techniques. Participants will create small paintings that will combine the transparency of watercolor with the opacity of gouache. Multiple paintings will be completed in the workshop, using botanical objects and small found objects as the subject. There will be a $35 materials lab fee included with supplies provided for each participant. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Christen Humphries
DATES: November 1, 8, 15 and 22, 2013
PLACE: ART 107
TIME: 9:00 - 5:00P

BASIC PHOTOGRAPHY LIGHTING
CRN 11111 ART 4911

A workshop designed to learn the 5 basic portrait lighting patterns as seen in still photos and motion pictures: Rim, Split, Rembrandt, Loop, Butterfly. The participant will also learn the basics of controlling or converting various light sources. Open to students who own a DSLR or Digital Camera. There will be a $15 materials fee collected on the first day of the workshop. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Andrew Baker
DATES: November 1, 8 and 15, 22, 2013
PLACE: ART 114
TIME: 9:00 – 5:00P
FEE: $35.00 Materials Fee

ADOBE AFTER EFFECTS BASIC
CRN 11189 MM 3991

Students will learn the basics of Adobe After Effects while creating animated visual effects and animations. After Effects is digital motion graphics software used during the post-production composition of movies, video, web artifacts and 2D/3D animations. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Linda Wright-Smith
DATES: November 2 and 9, 2013
PLACE: CETES 108
TIME: 8:30 – 4:30P

BIRDS OF PREY
CRN 10558 BIOL 2121

Many raptorial birds spend time in the Wichitas. Students will study natural, cultural, and historical aspects of these magnificent predators. The class will search for birds of prey throughout the Refuge as well as in the Special Use Area. Please bring your own sack lunch and binoculars, and wear appropriate clothing for outside activities. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Jack Tyler
DATES: November 8 and 9, 2013
PLACE: Quanah Parker Lake Environmental Ed Center, Wichita Mountains Wildlife Refuge
TIME: 8:00 – 4:30P

PHONICS WORKSHOP
CRN 11491 EDUC 3881

The course emphasis is on learning phonics rules and applications as well as teaching phonics through games and classroom activities. All 5 components of Reading (phonics, phonemic awareness, fluency, comprehension and vocabulary) will be covered with emphasis on how each component relates to phonics and the teaching of phonics. It is hoped that this workshop will help students who need more experience to pass the state licensure tests. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Lynda Robinson
DATES: November 8, 9 and 10, 2013
PLACE: NB 1069
TIME: Fri 6:00 – 9:00P; Sat 8:00 – 5:00P; Sun 1:00 – 5:00P

DEATH AND DYING
CRN 11191 PSY 4331

This workshop is an in-depth study of the last years of our lives and the rituals surrounding death in the United States and around the world. A grade of satisfactory or unsatisfactory will be determined based on class participation.

INSTRUCTOR: Nancy Stinson
DATES: November 9 and 16, 2013
PLACE: AC 128
TIME: 8:30 – 4:30P

CRN 10249 PSY 4331

STEPFAMILIES

Even Cinderella had to deal with step-sisters. Divorce or death, and subsequent remarriage involves many new complexities and relationships. This seminar will investigate the family dynamics of step families, relationships in step families, step-parenting, power and equality within the blended family. It also explores children’s issues of “intact and step” relationships, financial pressures in step-families, and issues involved in being a step-child. This class will utilize individual and group processes and may be used only as an elective. Attendance and interaction is required for this class. Students enrolled in this class will receive a letter grade.

INSTRUCTOR: Derek Kirby
DATES: November 9 and 16, 2013
PLACE: AC 126
TIME: 8:30 - 4:30P

CRN 11645 ART 4911

WATERCOLOR FUNDAMENTALS

Watercolor Fundamentals will provide students as overview of beginning watercolor painting techniques. Reviewing the history of watercolor, learning to mix color, and experimenting with a variety of application methods will be the focus of the workshop. Each student will create multiple paintings on a variety of different watercolor papers in order to learn different styles and working methods that can be achieved with the medium. There will be a lab fee included with supplies provided for each participant. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Christen Humphries
DATES: December 6, 7, 13 and 14, 2013
PLACE: CU Duncan
TIME: 9:00 - 5:00P
FEE: $35.00 Materials Fee