



**Degree Plan: Sports and Exercise Science – Bachelor of Science**

[EB-BS-SPEX]

School of Graduate and Professional Studies

Department of Sports and Exercise Science

Catalog Year: 2016-2017

**General Education Requirements – 44–46 hours**

<b>Communication – 9 hours</b> ENGL 1113; ENGL 1213; COMM 1113	<b>American History – 3 hours</b> HIST 1483 or 1493	<b>Behavioral Science – 3 hours</b> PSY 1113
<b>Mathematics – 3-5 hours</b> MATH 1413, 1513, 1613, 2215, 2713, STAT 1513	<b>Political Science – 3 hours</b> PS 1113	<b>Economics – 3 hours</b> AGRC 1334, ECON 2013, GEOG 3023, CRM 3603
<b>Science* – 8-9 hours</b> Biological Science (4 hours) Physical Science (4-5 hours) *One course must be a lab science; see undergraduate catalog for list.	<b>Humanities* – 6 hours</b> Diversity (3 hours) Aesthetics (3 hours) *One course must be taken from each category; see undergraduate catalog for list.	<b>Health and Wellness – 4 hours</b> PE 1021 Team Sports PE 1091 Total Fitness PE 1181 Racquet Sports PE 1271 Weight Training

**General Education Non-PE Electives (To total at least 44 hours, if needed)\*.**

General Education Electives must be selected from the list of approved Gen Ed courses, exclusive of those with the PE prefix. For a full list of General Education courses, see: [http://www.cameron.edu/catalog/general\\_ed.html](http://www.cameron.edu/catalog/general_ed.html)

**University Requirements**

UNIV 1001 or 1113 – 1-3 hours	Computer Literacy – CIS 1013, MIS 2113	Capstone Experience – HPET 4224
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**Major Requirements – 80 hours**

<b>Required Core Courses – 65 hours</b> HLTH 1053 Personal & Community Health Science HLTH 1063 Basic Nutrition HLTH 2213 First Aid HLTH 3212 Sports Nutrition HLTH 3243 Applied Anatomy & Kinesiology HLTH 3293 Care & Prevention of Athletic Injuries HLTH 3342 Personal Training HLTH 3473 Health and Behavior Change HLTH 4503 Physiology of Exercise HLTH 4553 Exercise Prescription HLTH 4562 Principles of Strength Training & Conditioning HPET 2323 Intro to Sports and Exercise Science HPET 3013 Sport Psychology HPET 3023 Sport and Fitness Management HPET 3242 Exercise and Technology HPET 3343 Physical Examination & Measurements HPET 3372 Techniques and Skills for Group Exercise HPET 3373 Recreation for Special Populations HPET 4003 Administration of Sport/Activity Programs HPET 4203 Motor Learning HPET 4213 Legal Aspects in Sport & Physical Activity HPET 4224 Capstone Experience: Sport/Fitness Management HPET 4313 Research Methods: Sports and Exercise Science	<b>Additional Requirements** – 15 hours</b> Choose 15 hours from the following list of courses: ACCT 2013, BIOL 2013, BIOL 2034, BIOL 2134, BUS 2113, CHEM 1004, CHEM 1361, CHEM 1364, CHEM 1471, CHEM 1474, CIS 1013, COMM 3313, HLTH 3013, HLTH 3303, HLTH 3613, HPET 2341-3, HPET 3053, HPET 3333, HPET 3353, HPET 3363, HPET 3383, HPET 4773, HPET 4781-4, MGMT 3013, MKTG 3413, MKTG 4481-3, MSL 3011, MSL 3013, MSL 3021, MSL 3023, MSL 4004, MSL 4011, MSL 4013, MSL 4021, MSL 4023, PHYS 1004, PHYS 1115, PHYS 1215, PSY 2373, PSY 3353, PSY 3423, PSY 4363, SOCI 2013 **Some courses require completion of prerequisites  A grade of “C” or better is required in all core courses and additional Requirements.
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**General Electives – to Complete 124 hours**

**Graduation Requirements**

Department Requirements Minimum 124 Total Credit Hours Minimum 40 Upper Division Credit Hours Minimum 55 Liberal Arts & Science Credit Hours Minimum 30 Credit Hours in Residence at Cameron Minimum 60 Credit Hours at a 4-Year Institution	Minimum ½ of Major Upper Division Hours Completed at CU 15 of last 30 Credit Hours or ½ of Major Completed at CU Retention GPA 2.0 Cameron GPA 2.0 Minimum grade of “C” in major & additional requirement Complete Graduation Application at Registrar’s Office
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