Continuing Education and Outreach Workshops

Workshops may be taken for credit or non-credit. Call Adult & Continuing Education (ACE) at 580-581-2242 for information.

TO ENROLL FOR CREDIT: Students who have an advisor should see him/her to enroll. Students who do not have an advisor may enroll at the enrollment desk, North Shepler, Room 210.

TO ENROLL FOR NON-CREDIT: Contact Adult and Continuing Education, South Shepler, Room 420.

EARLY ENROLLMENT IS ADVISED: Enrollment in these classes is limited and classes traditionally fill quickly. To secure your enrollment, you must pay the fee before the class begins.

LATE ENROLLMENT: Enrollments will be accepted on a space available basis, up to the day prior to the workshop; however, the fee must be paid prior to attending the workshop.

Withdrawal Policy: Occasionally a student enrolled in a workshop is unable to attend because of an emergency or unanticipated issue. In such cases, the student may petition to be withdrawn from the workshop by submitting this “Workshop Withdrawal Request,” with any requisite documentation, within 5 working days after the first workshop date and before the start of the final workshop date. The “Request for Withdrawal” and documentation are to be submitted to the office of Adult & Continuing Education, South Shepler, Room 420. If a student wishes to withdraw from a workshop after the five days indicated above, the request will need to be sent to Cameron University’s Office of Academic Affairs, Student Exchange Building, room 106.

Ceramics - Coiling and Pinching Techniques

ART 4911 CRN 12381

Participants in this hands-on workshop will learn to create clay vessels/sculptures with an emphasis on the ancient and universal techniques of coiling and pinching. The basic fundamentals of dealing with clay as well as experimenting with alternative finishes will be explored. Participants will have the opportunity to produce several clay objects as well as learn about recycling clay and loading a bisque kiln. A $30 materials fee will be collected in the first session.

INSTRUCTOR: Debra Greenway
DATES: July 25, 26, 27, and 28, 2014
TIME: 9:00a-5:00p
PLACE: ART 107
Grade: U/S
Fee: $30 Materials Fee

Collage: Utilizing Copyright Free Images

ART 4911 CRN 13475

Participants in this hands-on workshop will utilize copyright free images including those from early 19th and 20th century wood engravings, texts and other images to create original collage designs. The elements of art
and principles of design will be taken into consideration in the construction of the pieces. The resulting pieces may be left as black and white images or painted with water color. Completed pieces can stand alone as works of art and/or can be made into transfers for T-shirts, bags, etc. A $30 materials fee will be collected in the first session.

INSTRUCTOR: Debra Greenway
DATES: July 29, 30, 31, and Aug 1, 2014
TIME: 9:00a- 5:00p
PLACE: ART 107
Grade: U/S
Fee: $30 Materials Fee

BA II Plus Calculator
BUS 3881 CRN 13297

The workshop aims to provide hands-on experience with using the Texas Instrument BA II Plus or BA II Plus professional business calculator for accounting, finance and statistical computations commonly used in business and everyday life. Prerequisites: Junior standing or Permission of Professor. Required tools: Texas Instruments BA II Plus Calculator.

INSTRUCTOR: Bernadette Lonzanida
DATES: August 29 and September 5, 2014
TIME: 9:00a- 5:00p
PLACE: ROSS 101
Grade: U/S

Papermaking
ART 4911 CRN 12793

Participants in this workshop will be engaged in the ancient tradition of making paper by hand. Each student will construct a mold and deckle for their use in the process and will be introduced to several methods of developing paper pulp and making paper with unique and individual characteristics. Paper will be made from plant and vegetable fibers. Students will also be introduced to the history of papermaking and appropriate papermaking technical terms. At the conclusion of the workshop, students will have created a portfolio featuring a variety of papers and will be shown interesting applications of handmade paper products such as books, mixed-media art, picture frames, etc. There will be a $30 materials fee collected on the first day of the workshop.

INSTRUCTOR: Lynda Martin
DATES: September 6 and 14, 2014
TIME: 9:00a- 5:00p
PLACE: ART 107
Grade: U/S
Fee: $30 Material Fee

Team Building
UNIV 2211 CRN 13575
This workshop is designed to help students build and maintain an effective team. Students will develop a team mission and vision statement, identify early warning signs of teams, and demonstrate team building skills. Students will also apply team building activities to an existing team.

**INSTRUCTOR:** Krystal Brue  
**DATES:** September 5 and 6, 2014  
**TIME:** September 5 (5:00p-10:00p), September 6 (8:00a-6:30p)  
**PLACE:** SS 203  
**Grade:** Letter Grade

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**Real World PR Tactics and Strategies**  
**PBRL 3941 CRN 13381**

In this workshop, students will learn how their public relations education will be applied to a real-world setting. Taught by an industry professional with more than 15 years of media and PR experience, the workshop will detail the practical, day-to-day activities of a public relations office, the various communication mediums used by professionals, and the leadership skills necessary to managing a creative team. Additionally, the workshop will take students through a strategic planning process that results in the development of an internal and external communication messaging calendar.

**INSTRUCTOR:** Adam Callaway  
**DATES:** September 6 and 13, 2014  
**TIME:** 8:30a-4:30p  
**PLACE:** COMM 114  
**Grade:** U/S

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**Aggression Therapy and Theory**  
**PSY 4331 CRN 12118**

The seminar concerns itself with cognitive, behavioral, systemic and social-role, and spiritual therapies that address anger management and aggressions in general that are evident in society, home, and the workplace. Emotional IQ and other theories for therapy will be a focus as well as the sources of aggression in individuals, relationships, workplace, and society.

**INSTRUCTOR:** William Robinson  
**DATES:** September 6 and 13, 2014  
**TIME:** 8:30a-4:30p  
**PLACE:** AC 125  
**Grade:** Letter Grade

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**Creative Web Design 1**  
**MM 3991 CRN 12838**

This workshop will provide participants with the necessary skills to plan, organize, develop, and post a simple homepage. Each participant will construct his/her homepage using Dreamweaver. Participants will also get started with Photoshop to manipulate a few pictures.
INSTRUCTOR: Abbas Johari  
DATES: September 6 and 13, 2014  
TIME: 9:00a-5:00p  
PLACE: CETES 104  
Grade: U/S  

**Psychology of Dreaming**  
PSY 4331  CRN 12117  

This workshop will focus upon the psychological theories of dreams according to S. Freud, C. Jung, A. Adler, and other theorists. Other areas will include sleep stages and physical characteristics influencing psychological dream states. This class does not count toward psychology required or major elective credit, only general elective credit. Full attendance is required for this class.

INSTRUCTOR: Derek Kirby  
DATES: September 6 and 13, 2014  
TIME: 8:30a-4:30p  
PLACE: AC 126  
Grade: Letter Grade  

**Watercolor Fundamentals**  
ART 4911  CRN 13146  

Watercolor Fundamentals will provide students as overview of beginning watercolor painting techniques. Reviewing the history of watercolor, learning to mix color, and experimenting with a variety of application methods will be the focus of the workshop. Each student will create multiple paintings on a variety of different watercolor papers in order to learn different styles and working methods that can be achieved with the medium. There will be a lab fee included with supplies provided for each participant there will be a $35 materials lab fee included with supplies provided for each participant.

INSTRUCTOR: Christen Walden  
DATES: September 6 and 27, 2014  
TIME: 9:00a-5:00p  
PLACE: CU Duncan  
Grade: U/S  
Fee: $35 Materials Fee  

**Writing About Place**  
ENGL 3881  CRN 13084  

The class will look at works of fiction and creative nonfiction, analyzing how writers depict place as more than merely setting. We will look at how place is depicted in dialogue, place as a character, place and characterization, and place’s effect on a work’s tone. Students will produce original works of fiction or creative nonfiction.

INSTRUCTOR: Hardy Jones  
DATES: September 13 and 20, 2014  
TIME: 8:00a-4:30p
Making Web Animations /Flash CS5
MM 3991  CRN 12837

Students will create digital animations, add basic scripts and publish their animations as SWF files for internet publication.

INSTRUCTOR: Linda Wright-Smith
DATES: September 13 and 20, 2014
TIME: 9:00a-5:00p
PLACE: CETES 110
Grade: Letter Grade

Mind Brain Theory
PSY 4331  CRN 13565

Have you ever wondered how the mind relates to the brain? This short course will examine a variety of perspectives, from antiquity to modern times to support a “working synthesis” for future study, research, and decision making. Students will be asked to complete a short take home assignment and briefly share ideas on the second Saturday.

INSTRUCTOR: Richard Waguespack
DATES: September 13 and 20, 2014
TIME: 8:30a-4:30p
PLACE: AC 127
Grade: Letter Grade

Prairie Invertebrates
BIOL 2121  CRN 13320

This course will explore the diversity and ecological relationships of common insects, spiders, etc. occurring on the Wichita Mountains Wildlife Refuge. Emphasis will be placed on human interactions.

INSTRUCTOR: Jack Tyler
DATES: September 19 and 20, 2014
TIME: 8:00a-4:30p
PLACE: Quanah Parker Lake Environmental Education Center, Wichita Mountain Wildlife Refuge
Grade: U/S

Oratory of Native Americans in Oklahoma
COMM 3991  CRN 13380
This workshop is a study of the specific speaking form and coherence of Native American Orators to achieve a spiritual and imaginative message representative of their culture. A focus will be given specific causes of Oklahoma Native American Orators from statehood to the present.

INSTRUCTOR: James Heflin  
DATES: September 20 and 27, 2014  
TIME: 8:30a-4:30p  
PLACE: AC 132A  
Grade: Letter Grade

Creative Web Design 2  
MM 3991  CRN 12836

This workshop will provide participants with the necessary skills to construct their own homepage using Dreamweaver and Photoshop programs. Participants will also implement the graphic principles, screen design rules, and sound and animation attributes into their designs. If time allows, participants will also learn how to create roll-over graphics and forms. Creative Web Design I is a prerequisite for this workshop.

INSTRUCTOR: Abbas Johari  
DATES: September 20 and 27, 2014  
TIME: 9:00a-5:00p  
PLACE: CETES 104  
Grade: U/S

Psychology of Trauma  
PSY 4331  CRN 12683

The seminar will consider the nature and aftermath of traumatic stressors with a focus on therapies that are evidence-based for the amelioration of PTSD symptoms. They include therapies based on theories of cognitive-behavioral, physiological, systemic and social-role, and spiritual counseling.

INSTRUCTOR: William Robinson  
DATES: September 27 and October 4, 2014  
TIME: 8:30a-4:30p  
PLACE: AC 126  
Grade: Letter Grade

Depression- Signs, Symptoms, Causes, and Treatment  
PSY 4331  CRN 12812

This weekend workshop will cover the signs and symptoms of the various types of depression, the causes of depression, and some of the treatments for depression. Students will be placed in groups for some group work.

INSTRUCTOR: Michael Chad Franklin  
DATES: September 27 and October 4, 2014  
TIME: 8:30a-4:30p
Watercolor and Gouache

Participants in the watercolor and gouache workshop will learn the essentials of each painting process with a brief history of both mediums. Students will explore experimental as well as traditional painting techniques. Participants will create small paintings that will combine the transparency of watercolor with the opacity of gouache. Multiple paintings will be completed in the workshop, using botanical objects and small found objects as the subject. There will be a $35 materials lab fee included with supplies provided for each participant.

INSTRUCTOR: Christen Walden
DATES: October 3 and 24, 2014
TIME: 9:00a-5:00p
PLACE: ART 107
Grade: U/S
Fee: $35 Materials Fee

Conflict Management

Dealing with conflict is inevitable. This workshop will examine conflict management processes and mediation skills with emphasis on interaction patterns, interpersonal relationships, and communication skills. Issues such as fostering creativity in problem solving, proactive intervention, and utilizing various conflict resolution strategies for a successful mediation will be examined.

INSTRUCTOR: Staff
DATES: October 4 and 11, 2014
TIME: 8:30a-4:30p
PLACE: CU Duncan
Grade: Letter Grade

Photoshop

Learn the basics of Adobe Photoshop. Included in the workshop will be discussions and hands-on exercises that explore Photoshop tools and filters, image correction, and layer composites. Make use of your creations for print, in Power Point, or on the web.

INSTRUCTOR: Gil Hernandez
DATES: October 4 and 11, 2014
TIME: 9:00a-5:00p
PLACE: CETES 104
Grade: U/S
Illustration/Adobe Flash
MM 3991  CRN 12835

Students will create one point and two point graphics in Flash, populate the scene with rotoscoped characters and, in the process, make an animated scene.

INSTRUCTOR: Linda Wright-Smith
DATES: October 4 and 11, 2014
TIME: 9:00a-5:00p
PLACE: CETES 110
Grade: Letter Grade

Psychology of Fear
PSY 4331  CRN 12682

“Lions, Tigers, and Bears...Oh MY!!!” Why do we show fear? Why do we show fear when we shouldn’t? This seminar will investigate the psychological theories of fear, the 5 basic types of fears, categorization of fear and phobia, biological and neurological concepts of fear, social learning and conditioning of fear, fear addiction and magnetism, and overcoming fear. This class will utilize individual and group process and discussion, and may be used only as an elective for graduation. Attendance and interaction is required for this class.

INSTRUCTOR: Derek Kirby
DATES: October 11 and 25, 2014
TIME: 8:30a-4:30p
PLACE: AC 126
Grade: U/S

The Wichita Mountains Elk
BIOL 2121  CRN 12383

Designed for teacher, youth group leaders, naturalists, outdoorsmen and others interested in developing an appreciation of elk in a natural environment, this workshop will study the species from biological, cultural, and historical perspectives. Hand-on exercises, directed discussion and audiovisuals will be utilized in the classroom, and a major field trip will be conducted on Sunday morning. Students are required to wear appropriate clothing and footwear and to bring a sack lunch every day. A field notebook, binoculars or telescope are also required.

INSTRUCTOR: Jack Tyler
DATES: October 24 and 25, 2014
TIME: 8:00a-4:30p
PLACE: Quanah Parker Lake Environmental Education Center, Wichita Mountain Wildlife Refuge
Grade: U/S

Increasing Self Understanding Through Group Work
PSY 4331  CRN 12681
Students in this workshop will perform several activities that increase self understanding in groups (e.g., bag therapy, genograms). Students will need to bring ten magazines, a pair of scissors, stick glue, and knowledge of much of their family history (e.g., names, DOB, age of death, mental health, communication networks, substance abuse, and domestic violence).

INSTRUCTOR: Michael Chad Franklin  
DATES: November 1 and 8, 2014  
TIME: 8:30a-4:30p  
PLACE: AC 125  
Grade: U/S

Adobe After Effects- Basic  
MM 3991  CRN 12839

Students will learn the basics of Adobe After Effects while creating animated visual effects and animations. After Effects is digital motion graphics software used during the post-production composition of movies, video, web artifacts and 2D/3D animations.

INSTRUCTOR: Linda Wright-Smith  
DATES: November 1 and 8, 2014  
TIME: 9:00a-5:00p  
PLACE: CETES 110  
Grade: Letter Grade

Shooting in RAW- Photojournalism Strategies  
JRMP  3721  CRN 13379

Students in this workshop will learn how to edit pictures with the Camera RAW technique to hone your photos. We will also combine Camera RAW and Photoshop in photo editing. You will earn a picture editing portfolio at the end of this workshop.

INSTRUCTOR: Yanjun Zhao  
DATES: November 1 and 8, 2014  
TIME: 8:30a-4:30p  
PLACE: AC 132 A  
Grade: Letter Grade

Stepfamilies  
PSY 4331  CRN 12119

Even Cinderella had to deal with step-sisters. Divorce or death, and subsequent remarriage involves many new complexities and relationships. This seminar will investigate the family dynamics of step families, relationships in step families, step-parenting, power and equality within the blended family. It also explores children's issues of “intact and step” relationships, financial pressures in step-families, and issues involved in being a step-child. This class will utilize individual and group processes and may be used only as an elective. Attendance and interaction is required for this class.
INSTRUCTOR: Derek Kirby
DATES: November 8 and 15, 2014
TIME: 8:30a-4:30p
PLACE: AC 126
Grade: Letter Grade

Winter Birds of the Wichita’s
BIOL 2121 CRN 13321

This workshop is designed to enable students to find, identify, and appreciate local birds. Techniques of studying avian ecology and environmental awareness will be emphasized through classroom exercise, lectures, videos and field trips. Students are required to wear appropriate clothing and footwear and to bring a lunch every day. A good set of binoculars are absolutely necessary and a field guide is strongly recommended. Also, bring a pocket notebook and pencil.

INSTRUCTOR: Jack Tyler
DATES: November 14 and 15, 2014
TIME: 8:00a-4:30p
PLACE: Quanah Parker Lake Environmental Education Center, Wichita Mountain Wildlife Refuge
Grade: U/S