Continuing Education and Outreach Workshops

Workshops may be taken for credit or non-credit. Call Adult & Continuing Education (ACE) at 580-581-2242 for information.

TO ENROLL FOR CREDIT: Students who have an advisor should see him/her to enroll. Students who do not have an advisor may enroll at the enrollment desk, North Shepler, Room 210.

TO ENROLL FOR NON-CREDIT: Contact Adult and Continuing Education, South Shepler, Room 420.

EARLY ENROLLMENT IS ADVISED: Enrollment in these classes is limited and classes traditionally fill quickly. To secure your enrollment, you must pay the fee before the class begins.

LATE ENROLLMENT: Enrollments will be accepted on a space available basis, up to the day prior to the workshop; however, the fee must be paid prior to attending the workshop.

Withdrawal Policy: Occasionally a student enrolled in a workshop is unable to attend because of an emergency or unanticipated issue. In such cases, the student may petition to be withdrawn from the workshop by submitting a “Workshop Withdrawal Request,” with any requisite documentation, within 5 working days after the first workshop date and before the start of the final workshop date. The “Request for Withdrawal” and documentation are to be submitted to the office of Adult & Continuing Education, South Shepler, Room 420. If a student wishes to withdraw from a workshop after the five days indicated above, the request will need to be sent to Cameron University's Office of Academic Affairs, Student Exchange Building, room 106.

Biographical Writing
ENG 3881 CRN 23606

This workshop affords students the opportunity to consider the theory behind and practice of writing a biography. Students will learn about and practice techniques such as archival work and interviews and will actually practice the craft of biographical writing. The first weekend, students will be encouraged to consider the theoretical underpinnings of the genre, with readings by Strachey, Marois, and Saraton. The course will consider how insights from fields as diverse as evolutionary biology, psychology and sociology influenced biography as it is written today. Students will propose a short biographical work, will gather information, and will ultimately compose a rough draft prior to the second weekend. The rough draft of this work will be critiqued and revised during the second weekend of the workshop.

INSTRUCTOR: William Carney
DATES: January 10 & 17, 2015
TIME: 8:00a-5:00p
PLACE: NB 206B
Grade: U/S

Introduction to 3D Animation
MM 3991 CRN 22659

Students attending this workshop will learn the basics of creating animations in 3D. Students will create and manipulate objects/lights/cameras in 3D space, animate their work, and render their scenes as avi files and sequenced JPEGs.

INSTRUCTOR: Linda Wright-Smith
DATES: January 24 & 31, 2015
TIME: 8:30a-4:30p
PLACE: CETES 110
Grade: U/S
Adult Children of Alcoholics
PSY 4331 CRN 22097

This course focuses on thirteen natural, predictable, and treatable characteristics of a subset of people who have made inordinate adjustments to their original family's compulsive behaviors, including alcohol use. Our focus is on recognizing, managing, and providing therapeutic interventions for this often beguiling symptom constellation.

INSTRUCTOR: William Robinson
DATES: January 17 & 24, 2015
TIME: 8:30a-4:30p
PLACE: AC 127
Grade: Letter Grade

Boys to Men
PSY 4331 CRN 22807

"Me, Tarzan... You, Jane." Mothers watch out, your little boy wants to grow up. Students enrolled in this workshop will investigate the masculine needs of the male gender, the developmental stages involving male maturity, and the issues that surround this part of life. The student will be challenged to look at concepts and the theoretical models portraying boys that are "wild at heart." This class utilizes individual and group processes and may be used only as an elective. Interaction is required in this class.

INSTRUCTOR: Derek Kirby
DATES: January 17 & 24, 2015
TIME: 8:30a-4:30p
PLACE: AC 126
Grade: Letter Grade

The Business of Art I- Portfolio Development & Techniques for Writing an Effective Artist Statement
ART 4911 CRN 23434

This workshop focuses on what goes in an artist’s portfolio, as well as the different types of portfolios, such as physical or digital and what each consists of. Students will also learn how making a good portfolio which benefits them, the artist. Writing your artist statement is the most important step in getting started. This workshop will teach various methods for developing your statement or improving an existing one. The class will also focus on how different statements are needed for different purposes and what a good one can do for you.

INSTRUCTOR: Kelsey Karper
DATES: January 24 & 31, 2015
TIME: 8:00a-5:00p
PLACE: ART 114
Grade: U/S
Magical Realist Fiction  
ENG 3881 CRN 22985

The Magical Realist Fiction weekend workshop will look at the origin of the genre, specifically the influences of architecture, art, surrealism, and modernism. The workshop will look at how analyzing Magical Realist Fiction is a useful way of analyzing contemporary international fiction. The workshop will help students to create their own works of Magical Realist Fiction.

INSTRUCTOR: Hardy Jones  
DATES: January 24 & 31, 2015  
TIME: 8:30a-4:30p  
PLACE: NB 2066  
Grade: U/S

TI BA II Plus Calculator  
BUS 3881 CRN 22937

This workshop aims to provide hands-on experience with using the Texas Instrument BA II Plus or BA II Plus professional business calculator for accounting, finance and statistical computations commonly used in business and everyday life. Prerequisites: Junior standing or permission of professor. Required tools: Texas Instruments BA II Plus Calculator.

INSTRUCTOR: Bernadette Lonzanida  
DATES: January 30 & February 6, 2015  
TIME: 9:00a- 5:00p  
PLACE: ROSS 223  
Grade: U/S

Creative Web Design 1  
MM 3991 CRN 22663

This workshop will provide participants with the necessary skills to plan, organize, develop, and post a simple homepage. Each participant will construct his/her homepage using Dreamweaver. Participants will also get started with Photoshop to manipulate a few pictures.

INSTRUCTOR: Abbas Johari  
DATES: January 31 & February 7, 2015  
TIME: 9:00a-5:00p  
PLACE: CETES 104  
Grade: U/S

Psychology of Sleep  
PSY 4331 CRN 23559

For an activity that accounts for a third of one's life, sleep has always been a mystery. What is sleep and why do we need it? This workshop will focus on these questions and many others related to sleep. The workshop will also examine the nature of sleep disorders. Areas of discussion will include circadian rhythms, dreams, sleep and health, common sleep problems, and getting a good night sleep.

INSTRUCTOR: David Schmahl  
DATES: January 31 & February 7, 2015  
TIME: 8:30 -4:30p  
PLACE: AC 125  
Grade: Letter Grade
Batik Processes and Techniques
ART 4911  CRN  22103

Participants in this workshop will explore the ancient and amazing method of color dyeing, which dates back hundreds of years from the Indonesian islands of Bali and Java. A brief overview of the history of Batik will be presented, followed by the "hands-on" first step in the batik process – designing a pattern. Wax, which acts like a barrier to the color dyes and allows a color to remain while the non-waxed area is removed, will then be placed in specific areas on the fabric. Wax will then be removed and re-applied several times to make beautiful and intricate designs repeating until all the desired colors and patterns are obtained. Participants will be sent a materials list and a small lab fee will be collected at the first session to cover special batik tools, bees wax, and batik dyes provided by the Art department.

INSTRUCTOR: Lynda Martin  
DATES: February 7-8 & 14-15, 2015  
TIME: 9:00- 5:00p  
PLACE: ART 107  
Grade:  U/S  
Additional Materials Fee:  $30

Psychology of Love
PSY 4331  CRN  22099

This workshop will focus on the psychological theories of love and relationships within heterosexual relationships in marriage, courting, dating, attraction, and cohabitation. Theoretical models of Fehr, Lee, Rubin, Kelley, Grey, Smalley, Harley, and others will be discussed. Class group activities are required in this class. This class does not count toward psychology required or major elective credit, but rather general elective credit. Full attendance is required for this class.

INSTRUCTOR: Derek Kirby  
DATES: February 7 & 14, 2015  
TIME: 8:30 -4:30p  
PLACE: AC 126  
Grade:  Letter Grade

Interpersonal Communication
COMM 3991  CRN 23498

This workshop will focus on interpersonal communication skills useful in developing and managing both personal and professional relationships. Special emphasis will be given to communicating under pressure and relating with difficult people.

INSTRUCTOR: James Heflin  
DATES: February 14 & 21, 2015  
TIME: 8:30 -4:30p  
PLACE: COMM 114  
Grade:  U/S
Creative Web Design 2  
MM 3991 CRN 22662

This workshop will provide participants with the necessary skills to construct their own homepage using Dreamweaver and Photoshop programs. Participants will also implement the graphic principles, screen design rules, and sound and animation attributes into their designs. If time allows, participants will also learn how to create roll-over graphics and forms. Creative Web Design I is a prerequisite for this workshop.

INSTRUCTOR: Abbas Johari  
DATES: February 14 & 21, 2015  
TIME: 9:00a-5:00p  
PLACE: CETES 104  
Grade: U/S

Climate Change  
BIOL 2121 CRN 22916

Climate change is affecting plant and animal populations and their habitats world-wide. A major goal of this course is to translate available and emerging scientific information into practical concepts that students can use to address this critical and complex issue. Teaching techniques will involve lectures, videos, group interaction and field trips. Students are required to wear appropriate clothing and footwear and to bring a sack lunch every day.

INSTRUCTOR: Jack Tyler  
DATES: February 20 & 21, 2015  
TIME: 8:00 – 4:30p  
PLACE: Quanah Parker Environmental Lake Ed Center, Wichita Mountains Wildlife Refuge  
Grade: U/S

The Business of Art II - Blockbusters, No to Others, Yes to Dreams, The Four C’s of the Creative Life  
ART 4911 CRN 23435

Your creative work matters enough for you to find the time to work. Negative self-talk, fear, and doubt will derail your creativity and productivity. Learn to take control over the anti-creativity forces in your life, such as procrastination and perfectionism. The class will also explore your individual productive times during the day to work.

INSTRUCTOR: Romney Nesbit  
DATES: February 21 & 28, 2015  
TIME: 8:00- 5:00p  
PLACE: ART 114  
Grade: U/S
Music Writing
ENGL 3881  CRN 22986

The "Music Writing" students will write magazine features, essays, and short fiction focusing on music and musicians. The workshop will read examples of the aforementioned genres and types of music writing. The workshop will help students to create their own works of music writing.

INSTRUCTOR: Hardy Jones
DATES: February 21 & 28, 2015
TIME: 8:30 – 4:30p
PLACE: NB 2066
Grade: U/S

Differences in Relationships
PSY 4331  CRN 22533

We always hear the words “he said... she said” in relationships between the sexes. In this workshop we will investigate the many differences in relationships between a man and a woman. Included are topics such as friendship, dating, courtship, engagement, marriage, parenting, attraction, jealousy, sex, thought-processes, needs assessment, separation, and infidelity. This class will utilize individual and group processes and may be used only as an elective.

INSTRUCTOR: Derek Kirby
DATES: February 21 & 28, 2015
TIME: 8:30 – 4:30p
PLACE: AC 126
Grade: Standard Letter Grade

Prehistoric Television
JRMP 3721  CRN 23494

Participants will examine the early history of television. Topics include electronic mechanical television, stars made on television, television at the 1939 world’s fair, quiz show scandals, and the debate of broadcasting standards.

INSTRUCTOR: Matt Jenkins
DATES: February 28 & March 7, 2015
TIME: 8:30 – 4:30p
PLACE: COMM114
Grade: U/S

Photoshop
MM 3991  CRN 23340

Learn the basics of Adobe Photoshop. Included in the workshop will be discussions and hands-on exercises that explore Photoshop tools and filters, image correction, and layer composites. Make use of your creations for print, in PowerPoint, or on the web.

INSTRUCTOR: Gil Hernandez
DATES: February 28 & March 7, 2015
TIME: 9:00a-5:00p
PLACE: CETES 110
Grade: U/S
Ceramics- Hand Building Slab Construction
ART 4991 CRN 22223

Participants in this hands-on workshop will learn to create clay vessels/sculptures with an emphasis on the slab construction technique. Slip decorating will also be explored. The basic fundamentals of dealing with clay such as wedging, firing, glazing, and decorating will be explored. Participants will understand the raw materials incorporated in this hand-building method as they take the creative process from the building of the piece to the glazing and firing of it.

INSTRUCTOR: Debra Greenway
DATES: March 7-8 & 14-15, 2015
TIME: 9:00a-5:00p
PLACE: ART 107
Grade: U/S
Additional Materials Fee: $30

Bison Ecology
BIOL 2121 CRN 22917

The largest of all North American mammals, the bison, was once also the most numerous. Perhaps no other animal is such an icon to the Great Plains. After the introduction of the horse, the great bison herds provided the all-sufficient foundation for the survival of several nomadic Native American cultures, most notably, the Comanche. This course will explore the prehistoric, recent, and cultural history of the bison, its impact on man, and vice-versa. Major aspects of its life history, ecology, and esthetics will also be considered. Students are required to wear appropriate clothing and footwear and to bring a sack lunch, notebook, and binoculars.

INSTRUCTOR: Jack Tyler
DATES: March 27 & 28, 2015
TIME: 8:00 – 4:30p
PLACE: Quannah Parker Lake Environmental Ed. Center, Wichita Mountain Wildlife Refuge
Grade: U/S

PR in Practice: Building Strong Media Relations and Crafting Epic Press Releases
PBRL 3941 CRN 22963

Building strong relationships with the media is a critical component for any public relations professional. This workshop focuses on providing students with a fundamental understanding of media culture and how that impacts a PR professional's approach to building relationships. Students will also learn the process for developing an internal media training program and how to handle crisis communication. Additional focus will be placed on crafting effective press releases and managing press events.

INSTRUCTOR: Adam Calaway
DATES: March 28 & April 4, 2015
TIME: 8:30a-4:30p
PLACE: COMM 109
Grade: U/S
American Politics in Film
PS 4491 CRN 23707

A brief examination on how American politics is portrayed in modern American film. Examines both the accuracy of how politics is portrayed on the silver screen as well as the effects those portrayals can have on the American public.

INSTRUCTOR: Wendy Whitman Cobb
DATES: March 28 & April 4, 2015
TIME: 8:30a-4:30p
PLACE: CON 106
Grade: Letter Grade

Stress Management
PSY 4331 CRN 22534

This workshop will provide students with basic tools to manage stress. Factors that impact psychological stress will be explored.

INSTRUCTOR: Patrick Copeland
DATES: March 28 & April 4, 2015
TIME: 8:30 – 4:30p
PLACE: AC 126
Grade: U/S

Exploration of Addiction
PSY 4331 CRN 23129

"I GOT WHATCHU WANT, I GOT WHATCHU NEED": AN EXPLORATION OF ADDICTIONS. This seminar will discuss a variety of addictions including: substance abuse, eating disorders, pornography, body dysmorphic, and self-harming behaviors. The instructor will discuss common addictions utilizing real-world cases to exemplify the research. The impact and influence of brain functions and neurotransmitters will be discussed to give students a basic knowledge of important neural systems. The lecture will explore the impact and influence dopamine has in the addictive neural pathways of cementing addictions. Students will be asked to theorize and conceptualize factors that may contribute to addictions. The grade will be determined by a student’s participation in the lecture and engagement in the course.

INSTRUCTOR: Cindy Kao
DATES: April 4 & 11, 2015
TIME: 8:30 – 4:30p
PLACE: AC 125
Grade: U/S

Trauma: Learned Empowerment
PSY 4331 CRN 22098

Students will be exposed to the psychological, neurobiological, cognitive-behavioral, and spiritual components of treatment for survivors of overwhelming stress and the research and theories that support evidence-based therapeutic interventions.

INSTRUCTOR: William Robinson
DATES: April 11 & 18, 2015
TIME: 8:30 – 4:30p
PLACE: AC 127
Grade: Letter Grade
**Bookmaking**  
ART 4911  CRN 22104

Participants in this "hands-on" workshop will learn a variety of book-making methods. Handmade books from several cultures will be introduced and created. Students will be responsible for gathering a variety of fabrics and papers to create highly unique and personalized book styles. A materials list will be sent to each student prior to the workshop. Additional archival materials will be provided on-site (papers, glue, book tapes,) through a materials fee of $30.00, which will be collected at the first workshop session.

INSTRUCTOR: Lynda Martin  
DATES: April 18-19 & 25-26, 2015  
TIME: 9:00 – 5:00p  
PLACE: ART 107  
Grade: S/U  
Additional Materials Fee: $30

**Infidelity**  
PSY 4331  CRN 22535

Is it cheating ... adultery ... having an affair? Is it the subjective feeling that my spouse or lover has violated the rules of the relationship? This seminar will investigate different theories and concepts involving “infidelity” such as betrayal, jealousy, rivalry, emotional and physical issues, assumptions, and expectation that develop and are assumed in a heterosexual relationship. This class will utilize lecture format with individual, group process, and discussion. Attendance and interaction is required for this class.

INSTRUCTOR: Derek Kirby  
DATES: April 18 & 25, 2015  
TIME: 8:30 – 4:30p  
PLACE: AC 126  
Grade: Letter Grade

**Spring Birds**  
BIOL 2121   CRN 22918

Students will learn basic concepts of ornithology, including the avian relationship to people and the environment. Awareness and appreciation of native bird species, how birds relate to ecological systems, and responsible human actions will all be considered. The first day will be spent in the classroom, becoming familiar with the ecological principles; the second will be set aside for field exploration of the restricted Special Use Area in the Wichita Mountains Wildlife Refuge. Bring binoculars, a field notebook, a sack lunch, and wear casual clothing.

INSTRUCTOR: Jack Tyler  
DATES: April 24 & 25, 2015  
TIME: 8:00 – 4:30p  
PLACE: Quannah Parker Lake Environmental Ed. Center, Wichita Mountains Wildlife Refuge  
Grade: U/S