Continuing Education and Outreach Courses

Workshops

Workshops may be taken for credit or non-credit. Call (580) 581-2242 for information.

TO ENROLL FOR CREDIT: Students who have an advisor should see him/her to enroll. Students who do not have an advisor may enroll at the enrollment desk, North Shepler, Room 210.

TO ENROLL FOR NON-CREDIT: Contact Adult and Continuing Education, South Shepler, Room 420.

EARLY ENROLLMENT IS ADVISED: Enrollment in these classes is limited and classes traditionally fill quickly. To secure your enrollment, you must pay the fee before the class begins.

LATE ENROLLMENT: Enrollments will be accepted on a space available basis, up to the day prior to the workshop; however, the fee must be paid prior to attending the workshop.

WITHDRAWAL: Withdrawal Policy: Occasionally a student enrolled in a workshop is unable to attend because of an emergency or unanticipated issue. In such cases, the student may petition to be withdrawn from the workshop by submitting this “Workshop Withdrawal Request,” with any requisite documentation, within 5 working days after the first workshop date and before the start of the final workshop date. The “Request for Withdrawal” and documentation are to be submitted to the office of Adult & Continuing Education, South Shepler, Room 420. If a student wishes to withdraw from a workshop after the five days indicated above, the request will need to be sent to Cameron University’s Office of Academic Affairs, 415 North Shepler.

PAPERMAKING
CRN 11108 ART 4911
Participants in this workshop will be engaged in the ancient tradition of making paper by hand. Each student will construct a mold and deckle for their use in the process and will be introduced to several methods of developing paper pulp and making paper with unique and individual characteristics. Paper will be made from plant and vegetable fibers. Students will also be introduced to the history of papermaking and appropriate papermaking technical terms. At the conclusion of the workshop, students will have created a portfolio featuring a variety of papers and will be shown interesting applications of handmade paper products such as books, mixed-media art, picture frames, etc. There will be a $30 materials fee collected on the first day of the workshop. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Lynda Martin
DATES: July 29, 30, 31 and August 1, 2013
PLACE: Art 107
TIME: 9:00-5:00P
FEE: $30.00 Materials Fee

CERAMICS: SCULPTURAL HAND BUILT OBJECTS
CRN 10554 ART 4911
This workshop will provide an opportunity for the student to explore hand building processes in clay utilizing press & hump molds. There will be an emphasis on sculptural objects as students are encouraged to develop their creativity and ceramic hand building skills. There will be a $30 materials fee collected on the first day of the workshop. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Debra Greenway-Hayes
DATES: September 7, 8 and 28, 29, 2013
PLACE: ART 107
TIME: 9:00 - 5:00P
FEE: $30.00 Materials Fee

CREATIVE WEBPAGE DESIGN I
CRN 11188 MM 3991
This workshop will provide participants with the necessary skills to plan, organize, develop, and post a simple homepage. Each participant will construct his/her homepage using Dreamweaver. Participants will also get started with Photoshop to manipulate a few pictures. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Abbas Johari
DATES: September 7 and 14, 2013
PLACE: CETES 104
TIME: 9:00 – 5:00P

TEXAS INSTRUMENTS BA II Plus CALCULATOR
CRN 11844 BUS 3881
The workshop aims to provide hands-on experience on using the Texas Instrument BA II Plus or BA II Plus Professional business calculator for accounting, finance and statistical computations commonly used in business and everyday life. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory. Prerequisites: Junior standing or Permission of Chair/Professor. Required tools: Texas Instruments BA II Plus Calculator

INSTRUCTOR: Bernadette Lonzanida
DATES: September 13 and 20, 2013
PLACE: BUS 101
TIME: 9:00-5:00P
INTERVIEWING
CRN 10862 COMM 3991
This seminar focuses on the essential dimensions of the job selection and performance appraisal interviews. Students will be videotaped twice while role playing a job selection interview. Students are required to bring a current copy of their most recent resume and a blank videotape. This class is essentially an activity-based, performance-oriented class. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Ron Price
DATES: September 14 and 28, 2013
TIME: 8:30 – 4:30P
PLACE: COMM 114

MAKING WEB ANIMATION WITH FLASH CS5
CRN 11187 MM 3991
Students will create digital animations, add basic scripts and publish their animations as SWF files for internet publication. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Linda Wright-Smith
DATES: September 14 and 21, 2013
TIME: 8:30 – 4:30P
PLACE: CETES 108

PSYCHOLOGY OF DREAMING
CRN 10246 PSY 4331
This workshop will focus upon the psychological theories of dreams according to S. Freud, C. Jung, A. Adler, and other theorists. Other areas will include sleep stages and physical characteristics influencing psychological dream states. This class does not count toward psychology required or major elective credit, only general elective credit. Full attendance is required for this class. Students enrolled in this workshop for university credit will receive a letter grade.

INSTRUCTOR: Derek Kirby
DATES: September 14 and 21, 2013
TIME: 8:30 – 4:30P
PLACE: AC 126

CERAMICS: UTILITARIAN HAND BUILT OBJECTS
CRN 10553 ART 4911
This workshop will provide an opportunity for the student to explore hand building processes in clay utilizing press & hump molds. There will be an emphasis on utilitarian objects such as bowls, cups, etc. as students are encouraged to develop their creativity and ceramic hand building skills. There will be a $30 materials fee collected on the first day of the workshop. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Debra Greenway-Hayes
DATES: September 21, 22 and October 26, 27, 2013
TIME: 9:00 - 5:00P
PLACE: ART 107
FEE: $30.00 Materials Fee

CREATIVE WEBPAGE DESIGN II
CRN 11186 MM 3991
This workshop will provide participants with the necessary skills to construct their own homepage using Dreamweaver and Photoshop programs. Participants will also implement the graphic principles, screen design rules, and sound and animation attributes into their designs. If time allows, participants will also learn how to create roll-over graphics and forms. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory. Creative Web Design I is a prerequisite for this workshop.

INSTRUCTOR: Abbas Johari
DATES: September 21 and 28, 2013
TIME: 9:00 – 5:00P
PLACE: CETES 104

CONFlict MANAGEMENT
CRN 11606 COMM 3991
Dealing with conflict is inevitable. This workshop will examine conflict management processes and mediation skills with emphasis on interaction patterns, interpersonal relationships, and communication skills. Issues such as fostering creativity in problem solving, proactive intervention, and utilizing various conflict resolution strategies for a successful mediation will be examined. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Justin Walton
DATES: September 21 and 28, 2013
TIME: 8:30 – 4:30P
PLACE: CU Duncan 125
WEIGHT LOSS YOGA  
CRN 11407 PE 2181  
This workshop explores the health benefits of yoga in weight loss. Using the practice of yoga and the philosophy of yoga, students will learn about the benefits of incorporating yoga into a weight loss program. Students will experience and practice fitness yoga as well as a light and gentle yoga practice to help participants explore what options are available in yoga and which type can best serve his/her needs. Discussions about current trends in obesity and how to incorporate healthy eating practices will be examined. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.  
INSTRUCTOR: Sheri Geiger  
DATES: September 21 and 28, 2013  
PLACE: Shepler 202  
TIME: 8:00 – 4:00P

COMMUNICATION AND CONFLICT RESOLUTION  
CRN 10248 PSY 4331  
This seminar will focus on the fundamentals of effective communication skills in relationships. We will discuss appropriate communication skills for family, couples, and the workplace. We will further confer the use of these skills in the effective resolution of issues and effective consideration of issues. John Gottman’s research will be a major focus. Students enrolled in this workshop will receive a grade of satisfactory or unsatisfactory.  
INSTRUCTOR: William Robinson  
DATES: September 21 and 28, 2013  
PLACE: AC 125  
TIME: 8:30 – 4:30P

DEPRESSION: SIGNS, SYMPTOMS, CAUSES AND TREATMENTS  
CRN 11139 PSY 4331  
This weekend workshop will cover the signs and symptoms of the various types of depression, the causes of depression, and some of the treatments for depression. Students will be placed in groups for some group work. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.  
INSTRUCTOR: Michael (Chad) Franklin  
DATES: September 28 and October 5, 2013  
PLACE: AC 126  
TIME: 8:30 – 4:30P

MAKING 3D ILLUSTRATIONS WITH ADOBE FLASH  
CRN 11185 MM 3991  
Students will create digital animations, add basic scripts and publish their animations as SWF files for internet publication. Students enrolled for university credit will receive a letter grade.  
INSTRUCTOR: Linda Wright-Smith  
DATES: October 5 and 12, 2013  
PLACE: CETES 108  
TIME: 8:30 – 4:30P

PHOTOSHOP  
CRN 11787 MM 3991  
Learn the basics of Adobe Photoshop. Included in the workshop will be discussions and hands-on exercises that explore Photoshop tools and filters, image correction, and layer composites. Make use of your creations for print, in PowerPoint, or on the web. Students enrolled in this workshop for university credit will receive a grade of satisfactory or unsatisfactory.  
INSTRUCTOR: Gil Hernandez  
DATES: October 5 and 12, 2013  
PLACE: CETES 110  
TIME: 8:30-4:30P

PARAPSYCHOLOGY  
CRN 11138 PSY 4331  
This course will cover one of the (sometimes) controversial areas of psychology, that of parapsychological phenomenon. We will first study how each of the phenomena is defined, and then look at the research supporting that area, as well as some of the criticisms that have arisen. Class discussion, critical thinking, and a willingness to challenge popular beliefs and theories will definitely be necessary for this class. Students enrolled in this class for university credit will receive a letter grade.  
INSTRUCTOR: John Geiger  
DATES: October 5 and 12, 2013  
PLACE: AC 128  
TIME: 8:30 – 4:30P

THE WICHITA MOUNTAIN ELKS  
CRN 10557 BIOL 2121  
Designed for teachers, youth group leaders, naturalists, outdoorsmen and others interested in developing an appreciation of elk in a natural environment, this workshop will study the species from biological, cultural, and historical perspectives. Hands-on exercises, directed discussion and audiovisuals will be utilized in the classroom, and a major field trip will be conducted on Sunday morning. Sack lunches will be needed and a telescope or binoculars are strongly recommended. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.  
INSTRUCTOR: Jack Tyler  
DATES: October 11 and 12, 2013  
PLACE: Quanah Parker Environmental Lake Ed Center, Wichita Mountains Wildlife Refuge  
TIME: 8:00 – 4:30P
PROFESSIONAL REPORT WRITING  
CRN 11568 ENGL 3881

This course is presented as a weekend workshop. The workshop will introduce the basic rhetorical knowledge and skills in writing effective workplace reports. The goal of the workshop is to provide the participants with effective instructions and hands-on practice on how to write long professional reports such as recommendation reports and short professional reports such as trip/field report, periodic reports, progress reports, and incident reports. Students enrolled in this workshop for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Yingqin Liu  
DATES: October 12 and 19, 2013  
PLACE: NB 2064  
TIME: 8:00 – 4:30P

ONCE A WARRIOR  
CRN 10930 PSY 4331

The purpose of this workshop is to familiarize students with the psychological issues in transitioning from combat to home life. Topics will include Combat Stress, PTSD, and mTBI. Students will earn a satisfactory or unsatisfactory grade based on attendance and class participation and there is a book requirement.


INSTRUCTOR: Andrea Farmer  
DATES: October 12 and 26, 2013  
PLACE: AC 126  
TIME: 8:30 – 4:30P

INCREASING SELF UNDERSTANDING THROUGH GROUP WORK  
CRN 10929 PSY 4331

Students in this workshop will perform several activities that increase self understanding in groups (e.g., bag therapy, genograms). Students will need to bring ten magazines, a pair of scissors, stick glue, and knowledge of much of their family history (e.g., names, DOB, age of death, mental health, communication networks, substance abuse, domestic violence). Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Michael (Chad) Franklin  
DATES: October 26 and November 2, 2013  
PLACE: AC 125  
TIME: 8:30 – 4:30P

THEORIES OF THERAPY  
CRN 10931 PSY 4331

This seminar will concern itself with therapeutic approaches and applications configured to address human mental, emotional, physical, spiritual, and relational discomforts. We will consider therapies ranging from psychoanalysis historically to more recently developed Drug and Alcohol Treatments. Theories and pragmatic application in therapy will include, among others, Systemic, Gestalt, Cognitive-Behavioral, EMDR, Solution-Focused, Dialectical-Behavioral Therapy with Mindfulness and Radical Acceptance, Behavior Modification, and Person-Centered. Students enrolled in this class for university credit will receive a letter grade.

INSTRUCTOR: William Robinson  
DATES: October 26 and November 2, 2013  
PLACE: AC 128  
TIME: 8:30 – 4:30P

CONFLICT RESOLUTION  
CRN 11183 COMM 3991

Dealing with conflict is inevitable. This workshop will examine conflict management processes and mediation skills with emphasis on interaction patterns, interpersonal relationships, and communication skills. Issues such as fostering creativity in problem solving, proactive intervention, and utilizing various conflict resolution strategies for a successful mediation will be examined. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Krystal Brue  
DATES: November 2 and 3, 2013  
PLACE: COMM 109  
TIME: F 5:00 – 10:00P; S 8:00 – 6:30P

WATERCOLOR AND GOACHE  
CRN 11644 ART 4911

Participants in the watercolor and gouache workshop will learn the essentials of each painting process with a brief history of both mediums. Students will explore experimental as well as traditional painting techniques. Participants will create small paintings that will combine the transparency of watercolor with the opacity of gouache. Multiple paintings will be completed in the workshop, using botanical objects and small found objects as the subject. There will be a $35 materials lab fee included with supplies provided for each participant. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Christen Humphries  
DATES: November 1, 8, 15 and 22, 2013  
PLACE: ART 107  
TIME: 9:00 - 5:00P  
FEE: $35.00 Materials Fee
BASIC PHOTOGRAPHY LIGHTING  
CRN 11111 ART 4911

A workshop designed to learn the 5 basic portrait lighting patterns as seen in still photos and motion pictures: Rim, Split, Rembrandt, Loop, Butterfly. The participant will also learn the basics of controlling or converting various light sources. Open to students who own a DSLR or Digital Camera. There will be a $15 materials fee collected on the first day of the workshop. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Andrew Baker  
DATES: November 1, 8 and 15, 22, 2013  
PLACE: ART 114  
FEE: $15.00 Materials Fee

ADOBE AFTER EFFECTS BASIC  
CRN 11189 MM 3991

Students will learn the basics of Adobe After Effects while creating animated visual effects and animations. After Effects is digital motion graphics software used during the post-production composition of movies, video, web artifacts and 2D/3D animations. Students enrolled for university credit will receive a letter grade.

INSTRUCTOR: Linda Wright-Smith  
DATES: November 2 and 9, 2013  
PLACE: CETES 108  
TIME: 8:30 – 4:30P

BIRDS OF PREY  
CRN 10558 BIOL 2121

Many raptorial birds spend time in the Wichitas. Students will study natural, cultural, and historical aspects of these magnificent predators. The class will search for birds of prey throughout the Refuge as well as in the Special Use Area. Please bring your own sack lunch and binoculars, and wear appropriate clothing for outside activities. Students enrolled for university credit will receive a grade of Satisfactory or Unsatisfactory.

INSTRUCTOR: Jack Tyler  
DATES: November 8 and 9, 2013  
PLACE: Quanah Parker Lake Environmental Ed Center, Wichita Mountains Wildlife Refuge  
TIME: 8:00 – 4:30P

DEATH AND DYING  
CRN 11191 PSY 4331

This workshop is an in-depth study of the last years of our lives and the rituals surrounding death in the United States and around the world. A grade of satisfactory or unsatisfactory will be determined based on class participation.

INSTRUCTOR: Nancy Stinson  
DATES: November 9 and 16, 2013  
PLACE: AC 128  
TIME: 8:30 – 4:30P

STEPFAMILIES  
CRN 10249 PSY 4331

Even Cinderella had to deal with step-sisters. Divorce or death, and subsequent remarriage involves many new complexities and relationships. This seminar will investigate the family dynamics of step families, relationships in step families, step-parenting, power and equality within the blended family. It also explores children's issues of "intact and step" relationships, financial pressures in step-families, and issues involved in being a step-child. This class will utilize individual and group processes and may be used only as an elective. Attendance and interaction is required for this class. Students enrolled in this class will receive a letter grade.

INSTRUCTOR: Derek Kirby  
DATES: November 9 and 16, 2013  
PLACE: AC 126  
TIME: 8:30 - 4:30P

WATERCOLOR FUNDAMENTALS  
CRN 11645 ART 4911

Watercolor Fundamentals will provide students an overview of beginning watercolor painting techniques. Reviewing the history of watercolor, learning to mix color, and experimenting with a variety of application methods will be the focus of the workshop. Each student will create multiple paintings on a variety of different watercolor papers in order to learn different styles and working methods that can be achieved with the medium. There will be a lab fee included with supplies provided for each participant there will be a $35 materials lab fee included with supplies provided for each participant. Students enrolled for university credit will receive a grade of satisfactory or unsatisfactory.

INSTRUCTOR: Christen Humphries  
DATES: December 6, 7, 13 and 14, 2013  
PLACE: CU Duncan  
FEE: $35.00 Materials Fee