



SSS Bulletin

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Greetings! Fall 2011 Semester Off to a Great Start

By Kay Love, Academic Counselor/Mentor Coordinator

Greetings, and welcome to the Fall 2011 SSS Program. This semester is proving to be one of our busiest semesters in our 24-year history, and we are excited about the opportunities we have available this fall, including some new staff. If you haven't had an opportunity to meet our new staff and faculty, we encourage you to stop by their offices to say, "Hello."

Ms. Amy Stockman is our new SSS Science Lab Director. The SSS Science Lab is located in Room 225M Science Complex. Amy has provided some information on Page 4 of this newsletter about herself and her interesting study of spiders. Be sure to read her article about this complex arachnid.

We also have a new peer mentor and a new sighted assistant/peer mentor in the SSS office. Ms. Jeryn Romero

and Mr. Robert Johns (BJ) are now working to help new SSS students. Read about them on Page 5 of the newsletter



Help Support SSS by Recruiting New Students

By Heather Nance, Academic Counselor/Tutor Coordinator

If SSS has been of assistance to you and you are excited about what the program has to offer, here is a chance for you to help us! We are in need of a few good students who want to tell others about the program. It's easy and will only take an hour out of your Wednesday!

From 12:00 to 1:00 p.m. on Wednesdays now through November in the MCC lobby, SSS will have an information table set up. This

is your chance to tell fellow students about the program and potentially get a really cool prize. All you have to do is sign up with Heather Nance and, then, show up on the day you scheduled, be excited about the program and tell students about the services offered. (We will have a cheat sheet, so you don't have to worry about forgetting anything!)

To sign up to help recruit, come to the SSS Office in Room 431, North Shepler, or call the office at 581-2352. SSS participants are our best recruiters!



Special points of interest:

- Petting a therapy dog helps calm stress.
- Meet new staff members waiting to assist you.
- Enroll Early.
- Checkout revised Fall 2011 Lab Schedule.
- Checkout the remaining Fall 2011 workshops.

Therapy Dog on Campus

By Heather Nance, Academic Counselor/Tutor Coordinator



Lilly Thomas dutifully awaits visitors on Cameron's campus.

What is her full name?

Lilly Thomas

What is she, exactly?

A Great Pyrenees (or possibly that dragon from the Never Ending Story).

What is a therapy dog?

A therapy dog is a dog that has gone through obedience and temperament training. Therapy dogs are used in hospitals, nursing homes, rehab centers, schools, or anywhere there is a need for the comfort of a dog.

What do therapy dogs do?

Therapy dogs bring joy and a sense of calm to people in all settings. Petting a therapy dog can trigger or bring back joyful memories of a dog that a person owned as a child. Petting a therapy dog also requires many bedridden patients to use their motor skills.

In addition, petting a therapy dog helps calm stress and releases good feelings throughout the body. Therapy dogs can also help college students who are homesick or who have had to leave a precious pet family member at home. Therapy dogs help fill that empty void that many people have. Therapy dogs do not judge you by the way you look, dress, or speak. Therapy dogs have a way of touching on what is most important, your inner soul.

What are her office hours?

Students need to call the SSS main office at 581-2352 or stop by 431 North Shepler to request a day they would like to see Lilly. More than likely, Lilly will already be here.

Where is her office located?

Room 432 North Shepler.

What is her favorite thing to do when she is not working?

Her favorite things to do are relaxing at home, snuggling with you, and eating pig ears.

Is there anything she would like the students to know about her?

Lilly is a rescue dog that SSS Director Doreen Thomas found living under a bridge. Lilly is certified through Therapy Dog International and is also certified through the American Red Cross. Lilly has a heart of gold and brings joy to many people when they visit with her. Lilly does have epilepsy which is controlled by medication. However, her epilepsy does not slow her down at all. Lilly brings out the good in people, laughter and giggles in children, and memories of pet family members of long ago.



"Therapy dogs can help college students who are homesick or who have had to leave a precious pet family member at home."

Math Lab Tutors Available To Help Students



If you have been to the SSS Math Lab recently, you may have noticed a new face in our lab, Lavonne Bynum. Long-time senior tutor Larry Young heads up the lab in the afternoons, while veteran tutor Tiffany Johnson and Lavonne alternate their lab time Mondays and Wednesdays to help students struggling with math.

The Math Department is considering several candidates for the math lab director position and hope to have a new person onboard for the spring semester. In the meantime, our tutors are ready and willing to help SSS participants needing help.

Check out the revised Fall 2011 Lab Schedule on Page 7 of this newsletter for hours of operation.

Early Enrollment Saves Time and Offers Better Selection of Classes

Enrollment for Spring 2012 opens after Fall Break—the week of October 24-28. Many classes fill up early; so, schedule your appointment with your SSS academic

advisor now to enroll when your day comes. Call the SSS Office or stop in to schedule an appointment with your advisor right away. If your department advisor needs to

enroll you, let us help you prepare a tentative enrollment, especially if you want to get into the SSS classes.



Vocational Rehabilitation Workshop to Discuss Disability Services

By Kay Love, Academic Counselor

Mark your calendars for the upcoming Vocational Rehab workshop scheduled for Wednesday, October 12, 2011, in Room 413, North Shepler from 1:30 until 3:00 p.m. The workshop is sponsored by the Lawton office of the Oklahoma Department of

Rehabilitation Services. Ms. Johnnie Judah, M.S. LPC, former member of Student Support Services and 2011 LEO Awards Distinguished Alumni, will present information for students with disabilities who have questions about Voc Rehab services. In

addition, Ms. Judah will present information on opportunities for those students interested in becoming Voc Rehab counselors.

Please join us for an informative workshop that will cover services and career opportunities for rehab counseling.



Improving Vocabulary Increases Reading Skills

By Pam Holland, Reading Lab Director

Increasing your vocabulary can improve your reading comprehension, which will be useful to you no matter what you're studying. The best way to expand your vocabulary is to look up any word you don't recognize to be sure you

understand what you read as much as possible. Also, when you learn a new word, make a point to use it at least once that week. Another good idea is to put the new words on one side of a 3 x 5" index card with the definition on the back. See

if you can match these words to the correct definition. If you don't know a word then try to use it this week in a sentence to add it to your "bank" of knowledge.

Answers on Page 6—
Don't peek!

- | | |
|--------------|--|
| 1. Diversion | a. threatening to break out into open violence |
| 2. Volatile | b. moving the emotions; keenly distressing |
| 3. Affluent | c. something that distracts |
| 4. Resilient | d. having an abundance of wealth |
| 5. Poignant | e. recovering readily; springing back |



SSS Welcomes New Science Lab Director

By Amy Stockman, SSS Science Lab Director/Intro by Kay Love, Academic Counselor



SSS would like to welcome our newest faculty lab director, Amy Stockman, to the SSS family. Amy was asked to provide some information about herself to share with our students, and she provided the following information in her own words.

My name is Amy Stockman, and I am the new director of the SSS Science Lab, where students can receive assistance in the areas of biology, chemistry, physics, and geology. I also teach General Biology 1004—a biology course for non-science majors. I moved from North Carolina to Lawton just before the start of the fall semester. I enjoy exploring new areas and meeting new people. I have

lived in cities large and small across the U.S., including Chicago, San Diego, and New Orleans. Originally, I am from Texas.

My academic background is in biology. As a graduate student, I spent many years exploring spider systematics—how different species of spiders are related to one another. In other words, I make family trees using spiders.

The spiders I worked with most are trapdoor spiders. Similar to tarantulas, trapdoor spiders are large spiders that live in burrows in the ground. Instead of using their silk to build a web, they combine their silk with soil, small twigs, and grass to make a trapdoor that is completely

camouflaged. From inside their burrow, hidden beneath their trapdoor, the spider waits for an innocent insect, such as a cricket, to pass nearby. When the spider feels the vibrations from the cricket, it leaps out, grabs the cricket, and drags it into the bottom of its burrow! Now the spider can enjoy its fresh meal within the safe confines of its burrow.

Feel free to drop by the science lab to ask me about spiders or any other areas in science. The SSS Science Lab is located in Room 225M of the Cameron Science Complex. (See Fall 2011 Lab Schedule for hours of operation on Page 7.)



"I spent many years exploring spider systematics. . . I make family trees using spiders."

How To Tell if a Website Is Safe

By Laura Wray, TRiO Technology specialist

Do you “window shop” online? Have you ever found that perfect gift for someone special but worried about your credit card information being secure? Well, here are a couple of tips to help you be more aware of a secure website.

When browsing a website, you will notice the URL starts with HTTP. When you add items to your cart and are ready to “checkout” the URL should change to HTTPS.

Notice the “S” on the end. This indicates that your credit card, user name, and password will be encrypted when entered.

Another way to check for a secure website is to check for the “lock” icon. The icon is usually located on the bottom right-hand corner of the screen on Internet Explorer. Mozilla Firefox displays the icon in the lower left corner. You can double-click the lock icon to view the sites security information.

Always be cautious when shopping or paying bills online. It can be a safe and effective way to manage money, but remember the tips provided. Safe browsing!



Two New Mentors Join the SSS Family

By Kay Love, Academic Counselor/Mentor Coordinator

The SSS Program is proud to announce our newest peer mentors for the 2011–2012 school year.

Ms. Jeryn Romero will be working with our freshmen female students. Jeryn is a graduate student working on her master's in psychology. She is excited to work with our students to help them weather their first year at Cameron and share some of her tips to being a successful college student.

Mr. Robert Johns, aka BJ, is now working with our freshmen male students, along with working in the SSS office as senior mentor and my sighted assistant. He is a sophomore working toward a bachelor's degree in political science with the goal of becoming a lawyer.

If you are a freshman participant in the SSS program and have been assigned a mentor, one of them will be contacting you

soon. Please reply to their introductory contact as soon as possible. Your response is very important in order for them to know whether you want to be contacted by email, telephone call, or in person to discuss your academic progress.



Vantine's Verbalisms: Subject-Verb Agreement: More Than One Subject

By Paul Vantine, SSS Writing Lab Director

The basic guidelines for making sure a subject agrees with a verb are as follows:

1. Identify the subject.
2. Determine whether it is singular or plural.
3. Use the matching verb (singular subjects and singular verbs agree while plural subjects and plural verbs agree).

NOTE: For the following examples, subjects are underlined while verbs are double underlined.

What do you do when there is more than one subject? When there are two subjects joined by the word *and*, this combination makes a plural verb:

Ron and Denise are getting married tomorrow.

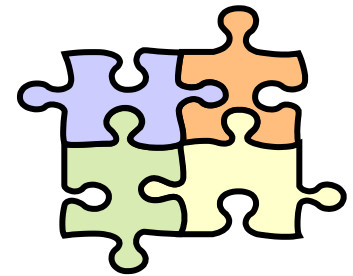
However, when two words refer to one item, there is only one subject:

Spaghetti and meatballs is my favorite dish. [*Spaghetti and meatballs refers to one dish and is still a singular subject.*]

On the other hand, when words like *or*, *nor*, *either ... or*, *neither ... nor* are used with two subjects, you must use the subject that is closer to the verb to determine subject-verb agreement:

Neither Robin nor her friends enjoy boxing. [Friends, which is plural, is the subject closer to the verb, so enjoy is the matching verb]

Follow the guidelines and watch for keywords like *and*, *or*, *either ... or*, or *neither ... nor* to help you determine which verb to use, and you will be on your way to having your subjects and verbs agree.



"Follow the guidelines and watch for keywords like *and*, *or*, *either...or*, or *neither...nor* to help you determine which verb to use."



Fall Picnic Set for SSS Students, Staff, and Families

Our second annual fall picnic is scheduled for October 29, 2011, from 11:00 a.m. until 2:00 p.m. in the grassy area between the Fitness Center and the Shepler Towers. Last year's event was great fun and included such activities as face painting, sack races, costume contest, pumpkin carving to name a few. We want to make this year's picnic even better, and we are collecting lots of "trick or treat" supplies to satisfy everyone!

If you would like to help out with an activity, we could use your help. Please call the SSS Office at 581-2352 or stop by North Shepler, Room 431, to sign-up to help or just to attend so we can have a headcount of who is coming with you.

From last year's pictures, presented here, you can see how much fun everyone had! We are looking forward to a great picnic this year, and hope to see you there!



SSS Director Doreen Thomas (left) dishes out food, assisted by Alice Washington (right), and cooks Tom Love (center) and SSS Math Lab Director Neal Washington (not pictured) at the Fall 2010 SSS student/family picnic.



Keithon Lewis watching the sack races.



Kegan Leaming (clown) checking out all the action going on as Marqual Graham (center) and Dylan Williams (front) waited for the start signal for the sack race.



Sasha Leah Shelton (left) and Mata Soolua (right) are jamming at last year's picnic.

Answer Key for Words To Help Build Vocabulary Skills
Answers 1. c 2. a 3. e 4. b 5. d



STUDENT SUPPORT SERVICES
Lab Faculty Schedule
Fall 2011

READING LAB

Ms. Pam Holland, Lab Director
 Nance Boyer, Room 1002, 581-2863

LAB HOURS:

Monday	8:45 a.m. - 9:30 a.m.
	10:20 a.m. - 11:00 a.m.
	1:00 p.m. - 2:00 p.m.
	3:40 p.m. - 4:15 p.m.
Tuesday	8:45 a.m. - 9:30 a.m.
	10:20 a.m. - 11:00 a.m.
	11:50 a.m. - 1:30 p.m.
Wednesday	8:45 a.m. - 9:30 a.m.
	10:20 a.m. - 11:00 a.m.
	1:00 p.m. - 2:00 p.m.
	3:40 p.m. - 4:15 p.m.
Thursday	8:45 a.m. - 9:30 a.m.
	10:20 a.m. - 11:00 a.m.
	11:50 a.m. - 1:30 p.m.
Friday	CLOSED

SCIENCE LAB

Amy Stockman, Lab Director
 Science Complex, Room 225-M, 591-8009

LAB HOURS

Monday	3:00 p.m. - 5:00 p.m.
Wednesday	3:00 p.m. - 5:00 p.m.
Thursday	9:00 a.m. - 1:00 p.m.
Friday	10:00 a.m. - 12:00 p.m.

MATH LAB

Larry Young, Senior Tutor
 Burch Hall, Room 210, 581-2983

LAB HOURS:

Monday	8:00 a.m. - 4:00 p.m.
Tuesday	9:30 a.m. - 4:00 p.m.
Wednesday	8:00 a.m. - 4:00 p.m.
Thursday	9:30 a.m. - 4:00 p.m.
Friday	<i>By Appointment Only</i>

Mr. Young is available Monday-Thursday from 1:30-4:00 p.m. for tutoring and to sign academic/faculty reports.

WRITING LAB

Mr. Paul Vantine, Lab Director
 Nance Boyer, Room 2055, 581-2327

LAB HOURS:

Monday	8:45 a.m. - 9:30 a.m.
	10:45 a.m. - 1:15 p.m.
Tuesday	8:45 a.m. - 9:30 a.m.
	12:45 p.m. - 5:30 p.m.
Wednesday	8:45 a.m. - 9:30 a.m.
	10:45 a.m. - 11:45 p.m.
Thursday	8:45 a.m. - 9:30 a.m.
	12:45 p.m. - 5:30 p.m.

TRiO COMPUTER LAB

Laura Wray, TRiO Technology Specialist
 North Shepler, Room 436, 581-2352

OFFICE & LAB HOURS:

Monday—Friday 8:30 a.m. - 4:30 p.m.

Cameron University

Every Student. Every Story.

Student Support Services

2800 West Gore Boulevard
North Shepler 431
Lawton, OK 73505

Phone: 580-581-2352
Fax: 580-581-2560



We're on the Web. Check us out!

www.cameron.edu/sss

Workshops Remaining for 2011

The following workshops remain for the Fall 2011 semester. Please sign-up in advance on the sign-in sheets in the SSS front office so we have a headcount of attendees for handouts or snacks if provided. See your SSS Schedule of Events for descriptions of each activity.

OCTOBER 7

Cultural Trip
Sam Noble Museum, Norman
LIMITED TO 12 ACTIVE
STUDENTS
8:00 a.m.–3:30 p.m.

OCTOBER 12

Vocational Rehab Services
1:30–3:00 p.m.

OCTOBER 18

Misplaced Modifiers
2:00–3:00 p.m.

OCTOBER 29

SSS Student/Family Picnic
11:00 a.m.–2:00 p.m.

NOVEMBER 8

Copyright
2:00–3:00 p.m.

NOVEMBER 17

Money Management
2:00–3:00 p.m.

DECEMBER 7

End-of-Semester Celebration
11:30 a.m.–1:00 p.m.

SSS Meet 'N Greet

At the beginning of each fall and spring semester, the SSS program hosts a Meet 'N Greet. The Fall 2011 event was held on September 7th. The Meet 'N Greet is a great opportunity for new and returning SSS members to become acquainted or re-acquainted, as it were, with SSS faculty lab directors,

student mentors and tutors, administrative staff members, and other SSS students. During this fun, interactive environment, students learn the duties and responsibilities of each staff member, are reacquainted with what services are available through SSS, and find out what new educational workshops are being offered.

Be sure to check out the Spring 2012 calendar as soon as it is available to find out when the next SSS Meet 'N Greet is scheduled and sign up to attend.

"Different subjects require specific study skills. SSS labs can help you develop those skills. Stop by and find out exactly what they can do for you."