



**BACHELOR OF SCIENCE DEGREE CHECK SHEET
MAJOR IN HEALTH AND PHYSICAL EDUCATION
2007-2008**

Last	First	Middle or Maiden	ID#	Date
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I. GENERAL EDUCATION (50 hours)

- ENGL 1113
- ENGL 1213
- COMM 1113
- MATH 1513 or above
- Biological Science (4 hours)
- Physical Science (4 hours)
- HIST 1483 or 1493
- PS 1113
- Humanities (6 hours)

- _____
- _____
- FAMS 1123, PSY 1113 or SOCI 1113
- AGRIC 1334, ECON 2013,
GEOG 3023 or CRM 3603

ELECTIVES to total 50 semester hours
(No more than 6 hours in any one dept)

III. MINOR (18 hours)

Minor required for Option 2 only.

II. MAJOR or MAJOR-MINOR (47-82 hours)

A. Required Core Courses (25 hours)

- HLTH 1053 Pers & Comm Health
- HLTH 2213 First Aid
- HLTH 3012 Adapt & Corr Phys Educ
- HLTH 3244 Appl Anatomy & Kinesiology
- HLTH 4503 Physiology of Exercise
- HPET 2322 Intro to Health, PE & Rec
- SFTY 3613 Drugs in Society
- PE Activities (5 hours)
- (Athletics & Intramurals do not apply)
- Aerobic Conditioning Activity
- Team Sports
- Aquatic Activity
- Racquet Sports Activity
- Dance, Tumbling & Gym or Weight Trng

- _____
- _____

B. Area of Concentration

Select option 1, 2 or 3 on back.

VI. GRADUATION REQUIREMENTS

- Department Requirements
- Liberal Arts & Sciences (55 hours)
- Minimum 128 credit hours completed
- Minimum 40 credit hours upper division
- Retention GPA 2.0 (C average)
- Cameron GPA 2.0 (C average)
- Complete Graduation Application

HEALTH AND PHYSICAL EDUCATION 2007-2008

1. PHYSICAL EDUCATION & HEALTH (Major-30 hours)

- ___ FNS 1343 Basic Nutrition
- ___ HLTH 3292 Sports Medicine I
- ___ HLTH 3303 School & Comm Health Prog
- ___ HPET 3052 Sports Officiating I OR
- ___ HPET 3062 Sports Officiating II
- ___ HPET 3332 Phys Exam & Measurement
- ___ HPET 3352 Phys Educ in Elem School
- ___ HPET 3362 Phys Educ in Jr & Sr HS
- ___ HPET 4003 Org & Adm of ABP
- ___ HPET 4203 Motor Learning
- ___ HPET, HLTH OR SFTY Electives (5 hours)

___ PE or ATH activities (3 hours)

2. PHYSICAL EDUCATION & HEALTH (Major/Minor-22 hours)

An 18-hour minor is also required.

- ___ FNS 1343 Basic Nutrition or equivalent
- ___ HLTH 3292 Sports Medicine I
- ___ HLTH 3303 School & Comm Health Prog
- ___ HPET 3052 Sports Officiating I OR
- ___ HPET 3062 Sports Officiating II
- ___ HPET 3332 Phys Exam & Measurement
- ___ HPET 3352 Phys Educ in Elem Schools
- ___ HPET 3362 Phys Educ in Jr & Sr HS
- ___ HPET 4003 Org & Adm of ABP
- ___ HPET 4203 Motor Learning

3. SPORT/FITNESS MANAGEMENT (Major/Minor-57 hours)

A. Exercise Science (21 hours)

- ___ HLTH 3292 Sports Medicine I
- ___ HLTH 4553 Exercise Prescription (P)
- ___ HPET 3332 Phys Exam & Measurement (S)
- ___ HPET 3373 Therapeutic Recreation (F)
- ___ HPET 3563 Comm & Rec Leadership (P) OR
- ___ HPET 4003 Org & Adm of ABP (S)
- ___ HPET 4203 Motor Learning (F)
- ___ HPET 4772 Methods of Teaching Phy Educ (F)
- ___ HPET 4781 SS: Fitness/Sport Law
- ___ HPET 4782 SS: Individual & Group Dynamics (P)

B. Interdisciplinary Studies (15 hours)

- ___ ACCT 2013 Principles of Financial Accounting
- ___ BUS 3113 Business Communication OR
- ___ TECH 3013 Technical Communications
- ___ Computer Electives (3 hours)

___ FNS 1343 Basic Nutrition

___ MKTG 3413 Principles of Marketing

C. Practica (9 hours)

- ___ HPET 2341 SS: Intro to Exercise Science Internship
- ___ HPET 4781-3 SS: Fitness Management Internship
- ___ HPET 4781-3 SS: Corp Fitness Internship
- ___ HPET 4781-3 SS: Therapeutic Rec Practicum
- ___ HPET 4781-3 SS: Health Club Internship
- ___ HPET 4781-3 SS: Child Development Practicum
- ___ HPET 4781-3 SS: Handicap Services Internship
- ___ HPET 4781-3 SS: Recreation Field Experience
- ___ HPET 4781-3 SS: Aging & Exercise Internship

D. Focused Electives (12 hours)

- ___ ACCT 2023 Principles of Cost/Managerial Accounting
- ___ ACCT 3213 Managerial Accounting
- ___ ART 3833 Crafts
- ___ BIOL 2034 Human Anatomy (F)
- ___ BIOL 2134 Human Physiology (S)
- ___ BUS 3213 Business Law
- ___ COMM 3313 Advanced Business & Professional Speaking
- ___ ECON 2023 Principles of Economics II
- ___ FAMS 4163 Healthy Aging OR
- ___ SOCI 3413 Gerontology
- ___ FIN 3603 Principles of Finance
- ___ HLTH 3303 School & Community Health (S)
- ___ HLTH 4292 Sports Medicine II (SE)
- ___ HLTH 4392 Sports Medicine III (SO)
- ___ HPET 3052 or 3062 Sports Officiating
- ___ HPET 3352 Physical Education in Elementary Schools
- ___ HPET 3353 Camp Counseling (P)
- ___ HPET 3362 Physical Education in Jr. & Sr. High School
- ___ HPET 4222 Org & Mgmt for Recreation Programs
- ___ HPET 4781-4 Special Studies (up to 6 hours)
- ___ THTR 1103 Intro to Theatre
- ___ MGMT 3013 Principles of Management
- ___ MGMT 3513 Human Resource Management
- ___ SFTY 3723 Safety Education (3)
- ___ PE Activities (up to 3 hours)